

# SOLUTIONS

OUTDOOR FITNESS AND SPORT

# KOMPAN<sup>®</sup>

Let's move





**PUBLISHER: KOMPAN A/S**

KOMPAN Group is a market leading manufacturer of outdoor activity areas.

For more than 50 years, the company has designed, manufactured and marketed an extensive range of high-quality playground equipment, outdoor fitness equipment, and outdoor furniture.

KOMPAN® products are sold around the world through KOMPAN subsidiaries, agents and distributors.

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### FITNESS EQUIPMENT

Fitness equipment marked with this symbol can be used directly from a wheelchair.



### INCLUSIVE FITNESS

Fitness equipment marked with this symbol can be used by everyone on equal terms independent of gender, age, body weight, fitness, or cognitive skills.



Look for FSC®-certified products on product pages. The mark of Responsible Forestry.



# FITNESS & SPORT FOR OUTDOORS

**For all users, all purposes, and all locations**

**■ ■ ■** Welcome to KOMPAN, your ultimate destination for outdoor fitness innovation.

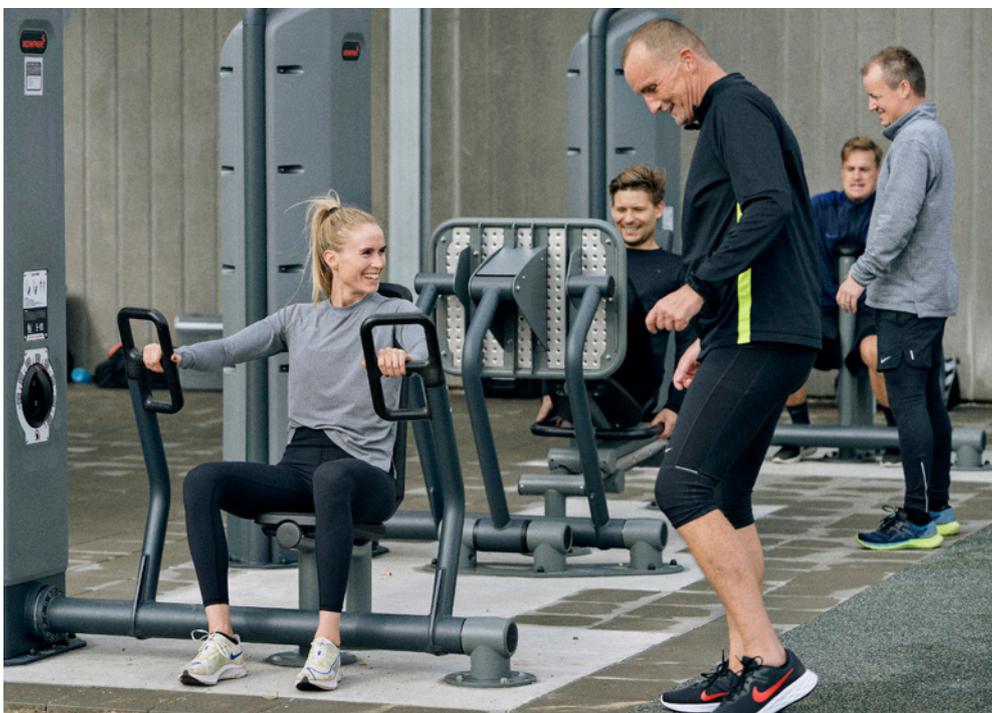
You already know staying fit and healthy is vital. Regular exercise reduces the risk of chronic diseases, boosts mental wellbeing, and enhances quality of life. But maybe you don't know that KOMPAN is also a fitness equipment manufacturer.

Here is what we do: We specialize in creating effective, cutting-edge fitness equipment that brings health and wellness to everyone. Our aim is to transform parks and recreational spaces into vibrant, active community hubs.

Why KOMPAN? Because we create proven, effective outdoor fitness equipment for all users, all purposes, and all locations. And we have done so for many years. For communities, accessible outdoor fitness areas foster a more active population, encourage social connections, lower healthcare costs, and build community pride.

With our state-of-the-art equipment, you're promoting exercise and inspiring a healthier, happier community.

**Ready. Steady. Go!**



THE RIGHT INTENSITY IS IMPORTANT

85-100%

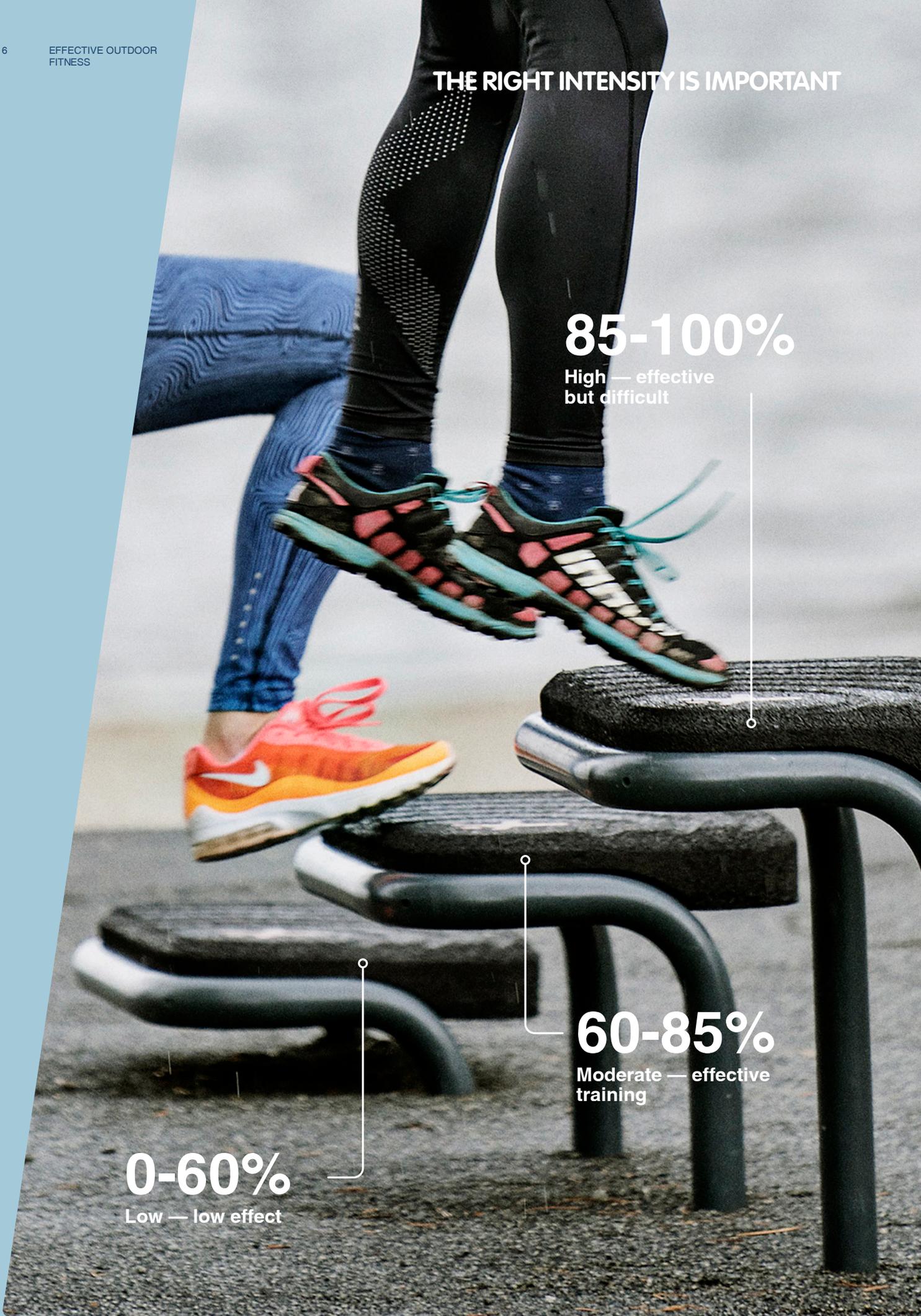
High — effective  
but difficult

60-85%

Moderate — effective  
training

0-60%

Low — low effect



# EFFECTIVE OUTDOOR FITNESS

For all users, all purposes, and all locations

■ ■ ■ We want all users of a KOMPAN outdoor fitness site to feel like they belong. We are all different. That's why we create exercise equipment for people of all abilities. With KOMPAN products, this is achieved in two ways: scalable user positions and adjustable resistance. In other words, no matter who you are, you will be able to use KOMPAN's equipment in a way that optimizes your personal results. Bit by bit. One step at a time.

Whether for health or performance, we know from science that the intensity, duration, and type of exercise create

results. It seems evident that exercise equipment must have the functionality to accommodate these demands.

However, this is not always the case for outdoor fitness. And we are changing that. With our high-quality equipment, you can recreate a functional, effective outdoor fitness site, just like the indoor gyms you've always known.

The most effective exercise takes place in the moderate to high-intensity category. Because people are different, equipment must be able to offer a wide range of different workloads.



# THE SCIENCE OF EXERCISE

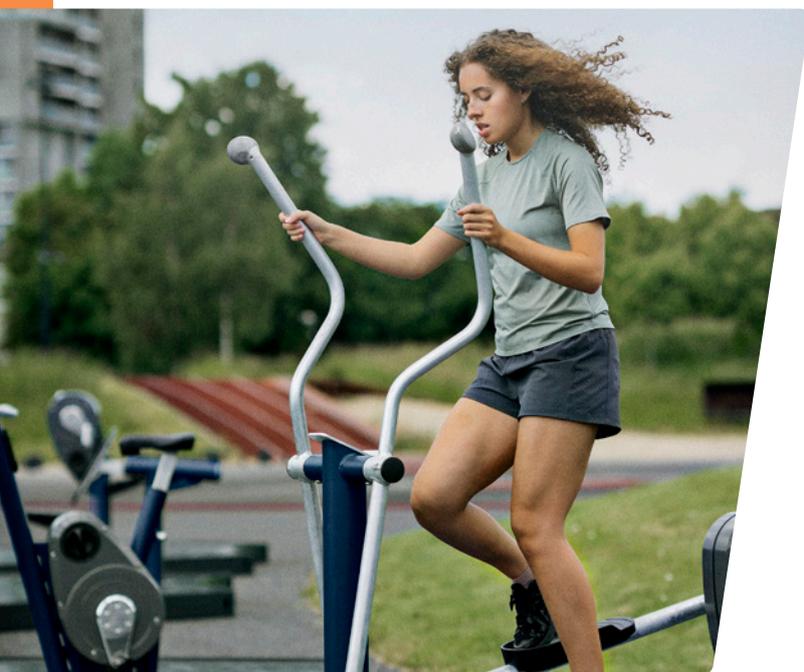
## Product development based on research

When the outdoor fitness boom started 20 years ago, equipment was at a very primitive stage. We strongly believe that outdoor fitness should provide the same quality of exercise and engagement as indoor gyms. We can achieve this by using science and testing.

The KOMPAN Fitness Institute supports our commitment to excellence. With a strong research background, KOMPAN ensures product development is based on the latest health and exercise science. For us, knowledge and best

practices are the foundation of bringing the best fitness solution to your community.

We conduct our own research and collaborate with universities and a network of experts. This ensures that our equipment, whether designed for seniors or athletes of all abilities, is safe and effective. The knowledge and insights gained from science and best practices are directly applied to our product development every step of the way.



The cardiorespiratory effectiveness of the cross trainer is validated with the same test methods used on professional athletes.

The screen shows muscle activity when exercising on the cross trainer. The design of all KOMPAN equipment is carefully fine-tuned to give the optimal effect and experience for the user.





KOMPAN

Let's move

# FITNESS FOR ALL

## Inclusive outdoor fitness

■ ■ ■ A visit to a KOMPAN play or fitness site offers positive experiences for children and adults of all abilities. Choosing KOMPAN means you're investing in parks and recreational areas for a healthier, more connected community. For all types of people.

Our exercise equipment encourages social interaction, physical activity, and mental well-being, making your park a vibrant hub for all residents.

With a universal design approach, our solutions cater to the needs of all individuals, ensuring that everyone can enjoy our fitness sites, regardless of their abilities.

We recognize that everyone has individual limits and goals. Our inclusive playgrounds and fitness areas provide engaging and supportive environments to reach and surpass those limits, resetting the bar for individuals of all abilities to advance and grow.



### FITNESS AREAS FOR ALL:

Principles for inclusive outdoor fitness:

- Accessibility
- Usability
- Adjustability
- Products having clear color and design signals
- Multi-functionality (when possible)
- Combining general and specific functionality



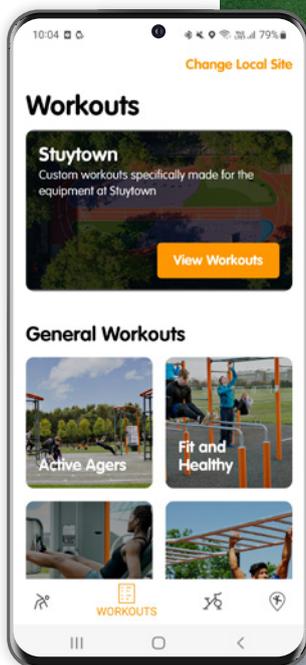
#### USABLE FOR ALL

The multi-level activities of the fitness products make them usable for all.



Download the white papers on inclusive design research and recommendations for playgrounds and fitness grounds from our website: [www.kompan.com](http://www.kompan.com).

When visiting a KOMPAN fitness site, the app will show the user how to use the equipment on site and get an efficient workout. It's a great guide, particularly for inexperienced users.



Personal Digital Trainer



**KOMPAN Fit app**  
Available for download in App Store or Google Play.

# RESPONSIBLE WORKOUTS

A guide to performing exercises correctly — and much more!

Encouraging outdoor activity goes beyond installing fitness equipment in a park or recreational area. Inspiring, educating, and motivating people to visit and use the fitness site is essential. The KOMPAN Fit app offers a range of tools to help the residents in your area work up a sweat, build strength, and stay motivated anytime, anywhere. The app

is free and serves as a digital personal trainer, ensuring users are guided in their workouts and exercises.

The best thing: The solution is just a click away on a smartphone and connects users with your KOMPAN fitness site.

# SUPER GYM M

SOL202502



The Super Gym M package combines the very compact Super Combi 1 with an ab bench, a lower back bench, a Cross Trainer, and a bike. Both pieces of

cardio come with adjustable resistance. Regardless of skill level, everybody can easily get an all-fitness workout on this site.

# SUPER GYM XL SUPERVISED

SOL202902



The Super Gym XL Supervised has the same great features as the standard Super Gym XL but also includes a barbell rack, a boxing back connector, and a battle rope connector.

This package is intended only for supervised or gated areas such as sports or fitness clubs, as some of the included items do not satisfy safety standards for public places.

## SUPER GYM L

SOL202702



The Super Gym L is based on the Super Combi 3, which provides 360-degree activities in a square structure. It has a built-in challenge where you can move from the overhead ladder through the Turbo wheels and end in the snake bar. In addition to this, it has a low bar, incline press, target shoot, climbing

ropes, rings, and jumping platforms. It is a very engaging outdoor gym with a compact footprint compared to the number of included activities. It can be used for school PE classes, group training, and many other types of structured workouts.

## QUICK FITNESS M

SOL202102



On the Road to Being Active. This is a compact fitness site ideal for truck stops or similar. It has all the things you need to compensate for long hours behind

the wheel: cardio, abs, lower back and plenty of strength and stretching opportunities. This site easily fits into small locations near highway parking.

# CIRCUIT 6

SOL200502



High-Quality Training in a Small Circle. This space-efficient circuit training area with high-end cardio and strength equipment makes training attractive to a broad user group and those not

already fit. The site is perfect for small communities and parks. Circuit training is both effective and very popular, so a site like this will greatly benefit any small community or park.

# ACTIVE AGERS S

SOL200102



Accessible Fitness for Seniors. Active Agers S is a compact solution perfect for senior citizens. Equipped with cardio machines and Stay

Fit equipment designed to prevent falls and improve balance and mobility, this site is ideal for senior living communities and health centers.

## CIRCUIT 10

SOL200302



Take your Indoor Circuit Outdoors. Circuit 10 is a compact and efficient circuit training area with cardio and strength equipment.

This outdoor circuit includes some of the most popular indoor cardio and strength machines, and the timer makes it perfect for interval training.

## ACTIVE AGERS XL

SOL200202



The Best You Can Do for Senior Citizens. The large Active Agers XL site is the perfect space for senior citizens. It is equipped with cardio machines and Stay Fit equipment designed to prevent falls and improve balance and mobility.

Furthermore, the site has strength machines, perfect for maintaining muscle mass. The site is fitted within a circular walking path and is ideal for senior living communities.

# COMMUNITY S

SOL200602



Cardio Attracts More People. The compact Community S is the perfect space for youth and training in small groups. Its different street workout and cardio equipment make it optimal for

bodyweight exercises, such as pull-ups and push-ups, and cardio training. The small space is great for housing, city spaces and parks.

# COMMUNITY L

SOL200802



A Very Attractive Space. The Community L is the perfect place for medium-sized group training. It is filled with different equipment, from Street Workout to Cross Training and Cardio equipment. It is the optimal space for

bodyweight exercises, such as pull-ups, push-ups, and an added focus on lower back exercises and cardio training. The site fits perfectly into housing areas, city spaces, and parks.

# COMMUNITY M PREMIUM

SOL201302



The Best from Indoors, Now Outdoors. This site is a high-end outdoor replacement for the traditional indoor fitness center. Cardio equipment includes a cross-trainer and bike with adjustable

resistance. With the addition of steps, strength and functional training, users can get a full-body workout in a beautiful, compact setting.

# COMMUNITY L PREMIUM

SOL200902



Simply the Best Site. This is a great example of an indoor fitness center recreated outdoors. You have KOMPAN's innovative strength training equipment and cardio equipment combined with various items for functional training. The

highly popular Suspension Trainer and Magnetic Bells make the site appealing when seen from afar. This compact fitness area only needs the space of half a basketball court and accommodates beginners just as well as the very fit.

# COMMUNITY XL

SOL201102

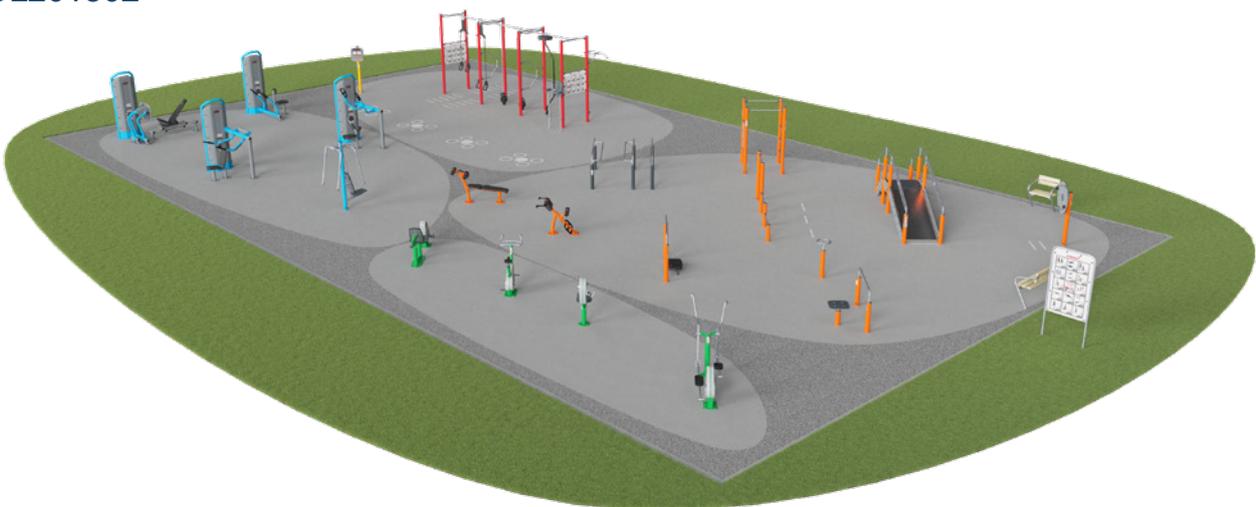


Impressive Design with Lots of Fun. A site with a strong focus on fun and functional training. The many exercise options in the Cross Training frames make training effective and engaging.

The obstacle course provides a perfect blend of cardio, agility, and excitement: a very motivating space for group training and social exercise.

# INCLUSIVE XL

SOL201502



The Most Inclusive Outdoor Fitness Site. The Inclusive XL is a gold-standard example of how inclusive outdoor fitness can be realized. This site offers opportunities for everyone, regardless of skills or disabilities. There are lots of spots for people using wheelchairs, people

with poor eyesight, or people with poor balance and walking capabilities. The keywords here are diversity, adjustable resistance, supporting rails, and friendly design with simple, intuitive use of equipment.

# INCLUSIVE L

SOL201402



Invite People with Disabilities. Inclusiveness is about having something for everybody. On this site, every second exercise station is directly usable from a wheelchair position. This means that

people dependent on a mobility device can train together with able bodied persons - either as an individual or group-based circuit training.

# STREET M

SOL201902

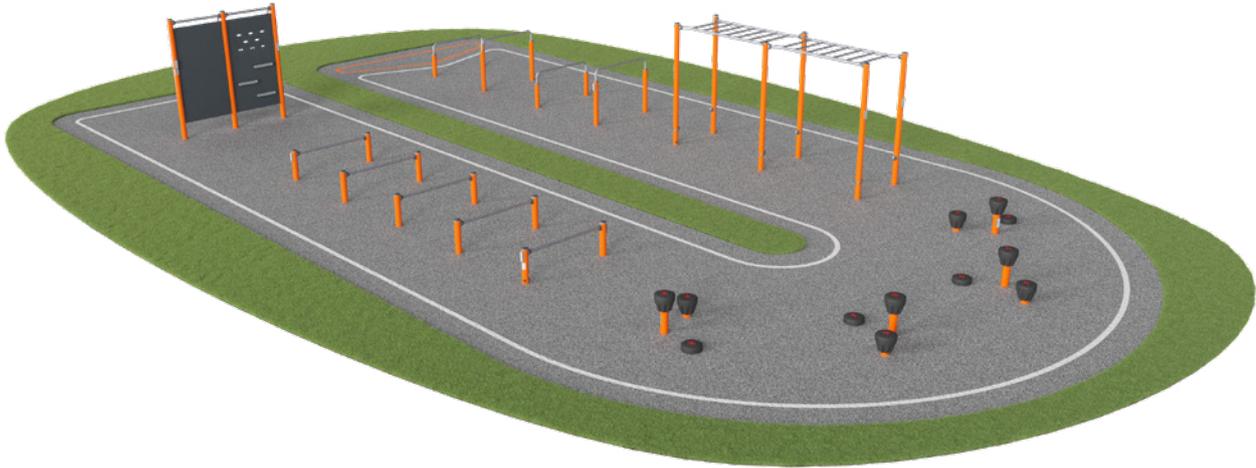


When Bodyweight Exercises Become Fun. Street M is a compact fitness site with more than 70 bodyweight exercises that are fun and effective. The lower back and sit-up bench provide safe and controlled core training. This site also contains many variations for an upper

body workout; even pull-ups don't need to be hard when using the pull-up station or the parallel bars, which are also perfect for stretching exercises. Do your leg training on the two-step benches for strength or cardio training.

# OBSTACLE COURSE S

SOL201602



Just Follow the Track. This site is a compact obstacle course that, despite its size, still has a lot of engaging challenges. It involves crawling, jumping,

swinging, climbing and running, and each obstacle allows individual callisthenics training. This site is the perfect choice for schools and sports clubs.

# WOOD S

SOL202302

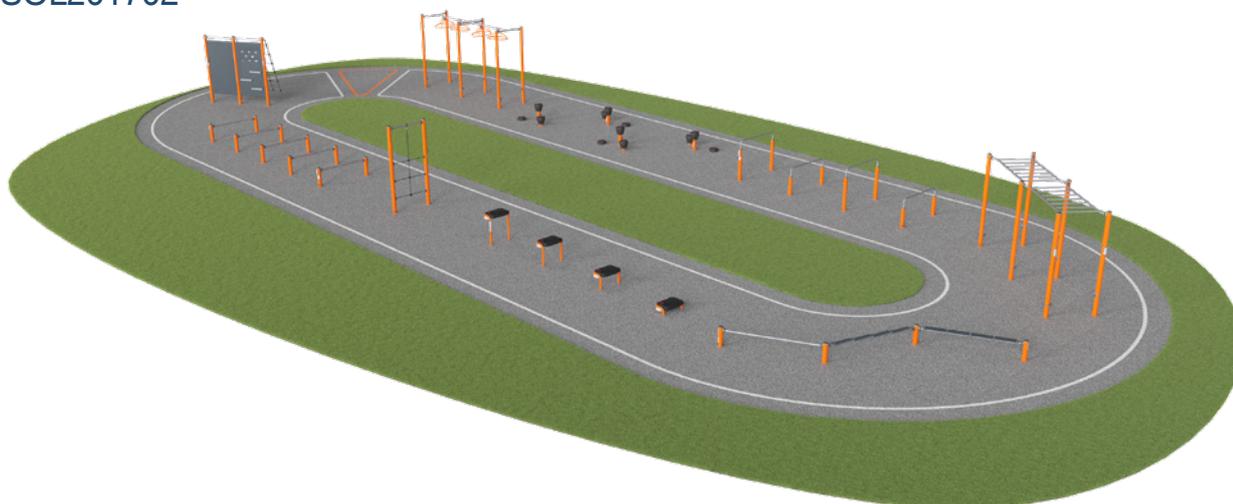


Close To Nature. Wooden fitness equipment made from Robinia is becoming increasingly popular. With the parallel bars and the Combi 2 item, more than 40 exercises are available on this site,

and a balance beam is always a magnet to anyone - young or old. This site fits in beautifully with natural or urban surroundings.

# OBSTACLE COURSE M

SOL201702



Three Rounds, and You're Done. An obstacle course long enough to make each round a training session in itself. It has eight challenging obstacles that can also be used as exercise stations individually.

At this course, you can run, jump, crawl, and climb your way through. This site is perfect for schools, sports clubs, universities, and military bases.

# WOOD M

SOL202202



More than 70 exercises. With the Wood M, you have many opportunities for bodyweight exercises with an emphasis on easy and challenging alternatives. The low pull-up bars and the push-up bars at differing heights are examples of easy starting points. There is no limit

to what you can do on this compact and versatile outdoor fitness site if you are already fit. And the obvious characteristic of this site: all items are based on durable and sustainable wooden Robinia structures.

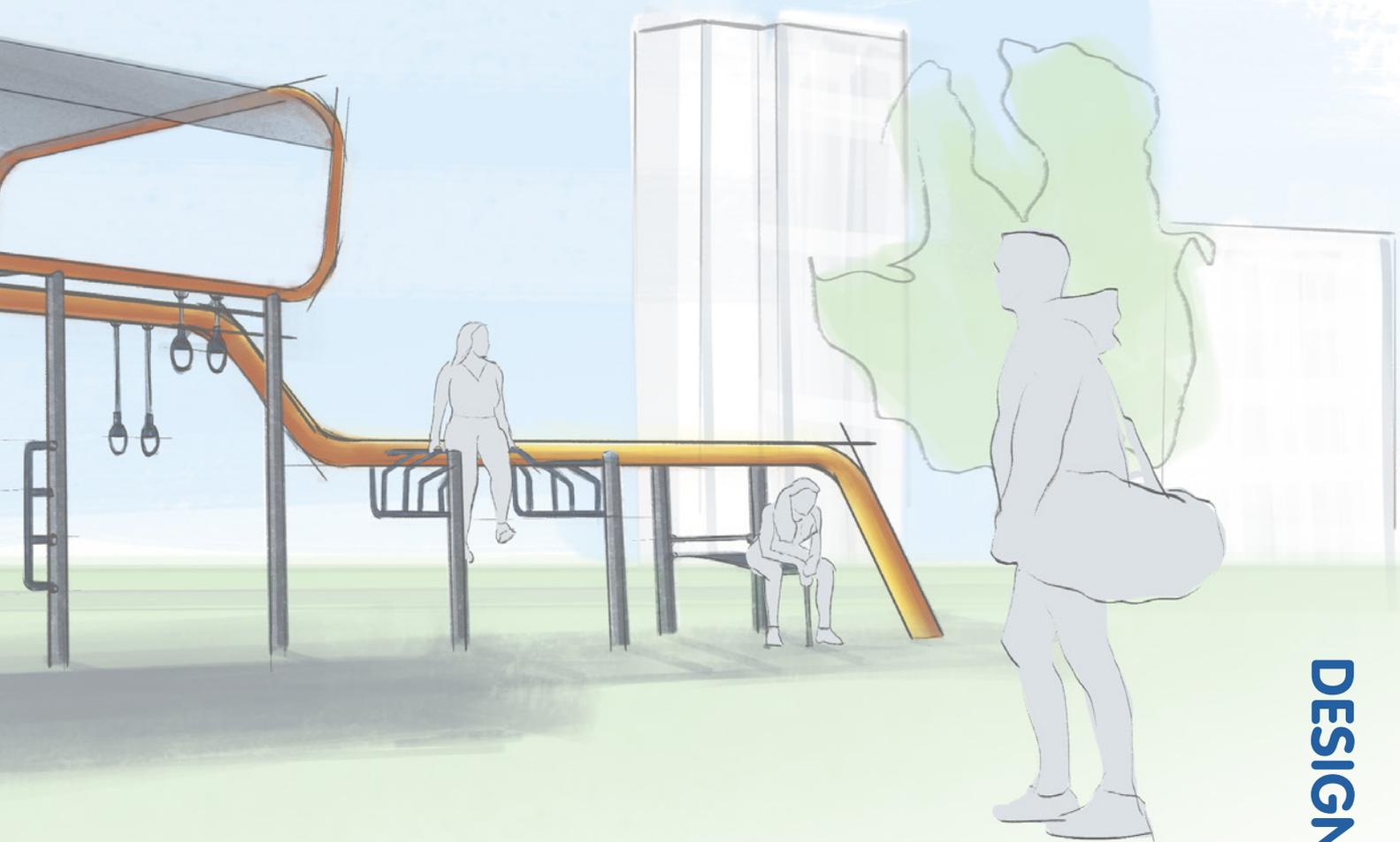


# FROM SKETCH TO FINAL SOLUTION

Collaborate with KOMPAN Design Studio to create a custom fitness solution that takes into consideration the existing surroundings.

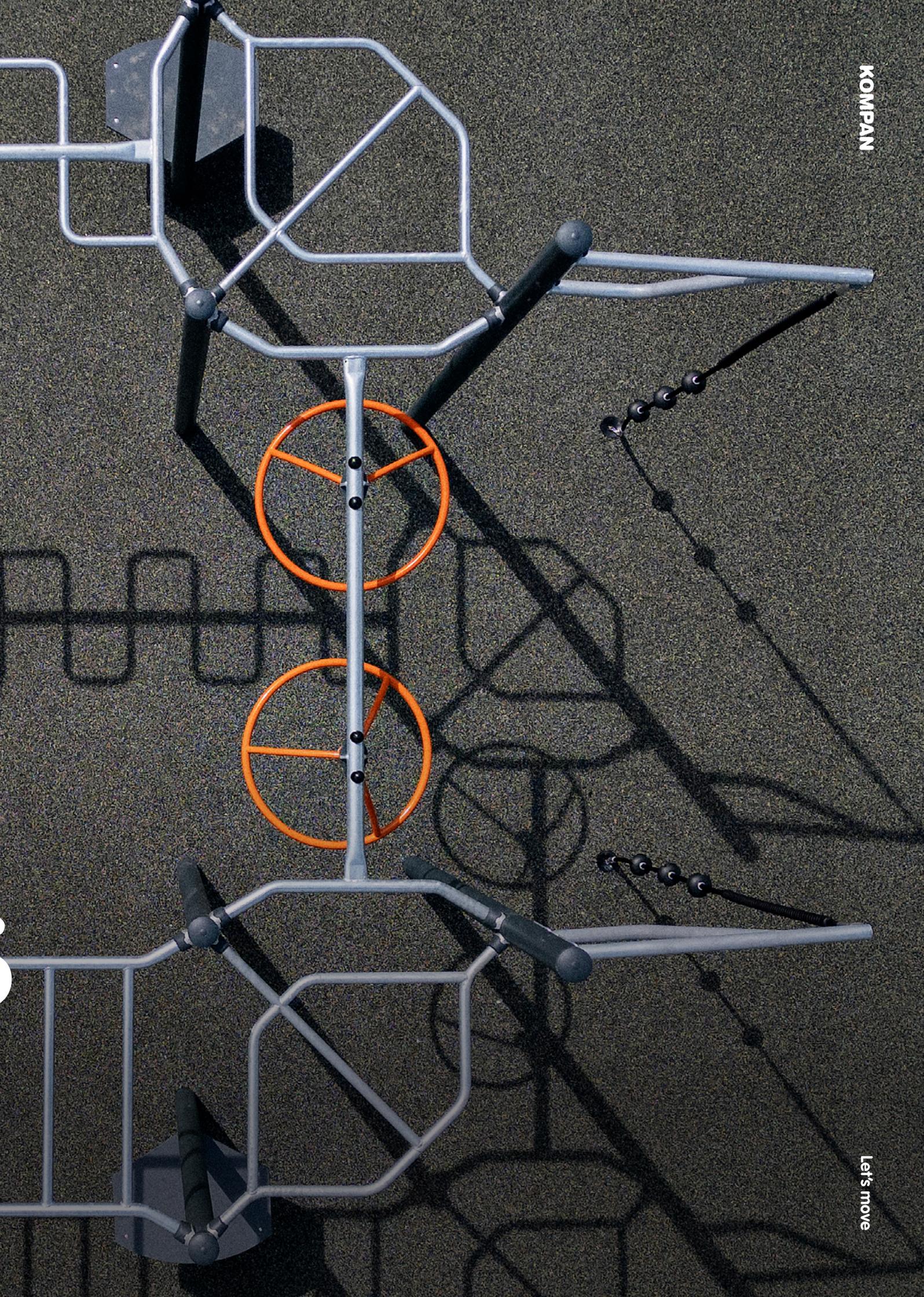
Imagine a fitness area encouraging healthy lifestyles or a park becoming the heart of a community: your dreams can become a reality. As a landscape architect, you understand that the right outdoor environment can transform a space. We share your vision and are

committed to creating innovative, durable outdoor solutions that captivate and invite users to engage. With the creative minds from the KOMPAN Design Studio, you can develop solutions that give life to the landscape without compromising aesthetics or the specific environment.



# GLOBAL CASES

In this section of our catalog, we present a collection of case studies from across the globe. These global examples provide practical insights as well as inspiration for your own parks and recreational areas. Learn how innovative design, strategic placement, and community engagement have turned ordinary spaces into extraordinary hubs of activity and wellness. Inspired by these outdoor fitness sites, which range from large to small, urban to rural, and municipalities to private institutions, you can create your own success story.





The Super Combi 3 has a built-in challenge where you can move from the overhead ladder through the Turbo wheels and end in the snake bar. In addition to this, it has a low bar, incline press, target shooting, climbing ropes, rings, and jumping platforms.



Placed close to the Faculty of Health Sciences, the multifunctional Super Combi 3 integrates well with university research projects and physical activity classes for children and youth.

# THE ATHLETICS EXPLORATORIUM SDU, DENMARK

**CASE STUDY:** According to the International Olympic Committee, the University of Southern Denmark has the best outdoor athletic stadium in the world.

■ ■ ■ The Athletics Exploratorium at SDU was created in 2013 by Landscape Architects Keingart in close collaboration with experts from the university, including Morten Zacho (KOMPAN Fitness Institute).

This groundbreaking site encompasses an optimal and inspiring environment for organized fitness programs, free play,

and movement. Part of the initial installation comprised the first Street Workout products from KOMPAN.

In 2024, the old Street Workout installation has been replaced with the newly developed Super Combi 3.



**CASE HIGHLIGHTS**

The Super Combi 3 is 360 degrees of activities in a square structure. This package makes for a very engaging outdoor gym in a compact space compared to its number of included activities. This package is ideal for schools and most types of public areas.

The innovative stadium won the IOC IAKS Architecture gold medal in 2015.



# LA PINEDA VILA-SECA, SPAIN

**CASE STUDY: KOMPAN Spain with Vila-Seca City Council designed four sports areas and a playground to promote family tourism.**

■ ■ ■ This project focused on redeveloping the La Pineda area three miles from the historic city center. La Pineda has a long seafront promenade of more than one mile, one of Costa Dorada's largest urban public spaces.

The objective of the La Pineda project was to revitalize the promenade, taking advantage of the natural and maritime environment of the area, in an effort to boost family tourism through sports.

To further invigorate the area, access by bicycle or on foot was prioritized, so citizens could easily enjoy all the sports and play areas created.

The space design is inspired by marine animals found in the Mediterranean and along the Tarragona coast, as well as by mosaics from the Roman villa of La Pineda.



Located at the seafront promenade's edge is an area with functional training. The main fitness equipment in this area is a combination of strength and cross training.



The promenade stretch comprises five activity zones that offer adjustable training approaches, ranging from easier to more challenging and from low to high coordination complexity.

You will also find a workout pentagon set, dip bench equipment, two bars at various levels for push-up exercises, three parallel bars, a set of four steps at different heights, and a bike rack.





### ADJUSTABLE WEIGHTS AND SEATS

The outdoor strength machines' adjustable weights and seats make them easy to use, mimicking techniques seen in indoor gyms. The handles accommodate different heights, and each machine has a sign explaining its usage.

# BORÅS MUNICIPALITY KYPEGÅRDEN, SWEDEN

**CASE STUDY:** The outdoor gym at Kypegården in Borås, Sweden caters to diverse users, from the young to the elderly.

■ ■ ■ The equipment is designed to be safe and comfortable, even for those with visual or physical impairments, ensuring an inclusive fitness experience for all.

The site offers an effective full-body workout, with seven machines covering all major muscle groups. The pull down, chest press, horizontal row, and

shoulder press provide comprehensive upperbody exercises. The leg press targets the large muscles in the lower body, while the sit-up and lower back bench engage the core and back. Together, these machines offer workouts similar to indoor fitness, with the added benefits of sunlight and fresh air.



The Municipality of Borås wanted to harmonize the activity site with its natural surroundings, choosing green-colored steel.

This blend of functionality and aesthetics enhances the park's look and attracts more visitors, encouraging them to engage in physical activity within a beautiful, natural setting.





On the site is easy-to-use, adjustable outdoor strength equipment. These machines use the same biomechanics and resistance mechanisms as indoor selectorized strength machines.



This adjustable and interactive piece of cardio equipment is of the same quality and effectiveness as those you'd find in an indoor gym.



# BOSJES VAN PEX DEN HAAG, NETHERLANDS

**CASE STUDY:** The fitness area in Den Haag showcases the power of community involvement and collaboration.

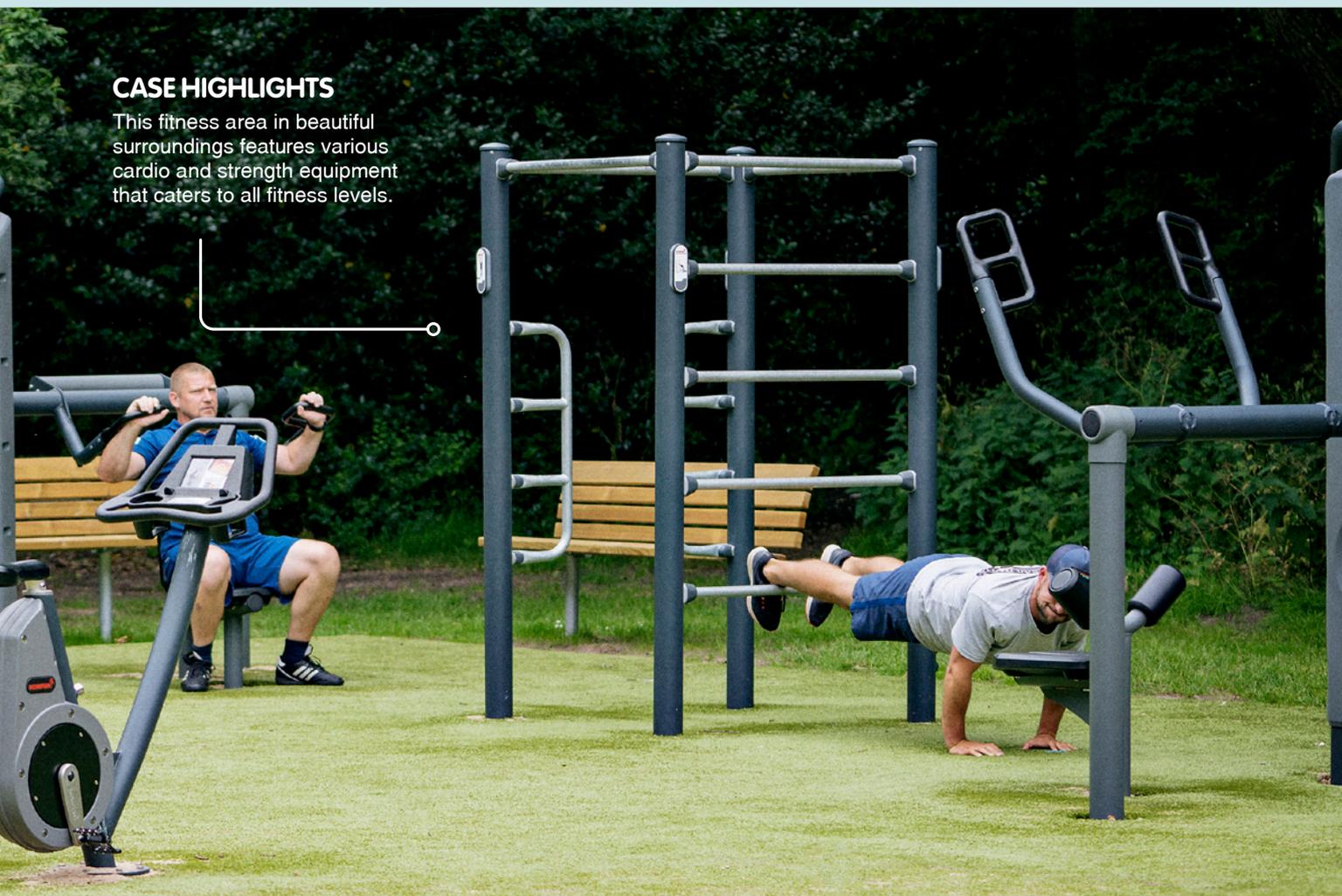
Two elderly residents, passionate about their neighborhood, frequently visited the park and observed many people engaging in outdoor sports. They envisioned a free-to-use fitness site accessible to everyone.

Motivated by their idea, they approached the local municipality for support and funding. Recognizing the value of the proposal, the city backed the initiative. With KOMPAN's expertise and support, a new fitness area emerged.

This site highlights the positive impact of community collaboration and is an inspiring example of how a shared vision can bring about meaningful change. The fitness area at Bosjes van Pex now promotes health and well-being for all residents.

## CASE HIGHLIGHTS

This fitness area in beautiful surroundings features various cardio and strength equipment that caters to all fitness levels.





### CASE HIGHLIGHTS

Combining play and fitness enables parents and caregivers to be active while spending time with their children. Exercising outdoors provides physical and mental health benefits from exercising in natural daylight and fresh air.

With a large variety of exercise types, this site appeals to the young and old, as well as the experienced and inexperienced.



Easy access to fitness and play supports physical and mental health and maintains and encourages regular exercise.

# HAVNEØEN VEJLE, DENMARK

**CASE STUDY:** Completion of the new residential development at Vejle Harbor inspired the desire to create a recreational area that appeals to both the city's young and older population.

■ ■ ■ The result is a dynamic activity space that combines both play and fitness. This space attracts families and offers both young and old a place to enjoy physical activity.

In addition to serving as a multifunctional area, the activity space emphasizes aesthetics and natural beauty.

The playground equipment's dark green colors complement the nearby harbor and use recycled materials such as textile waste and discarded fishing nets. In combination with the fitness equipment, this area is a pleasant place to spend time and highlights the connection to nature, the harbor, and the community.



This outdoor fitness center offers a well-rounded workout with cardio equipment, a cross training system, step-up platforms, and exercise benches.

# WHISPERING PINES PARK, FLORIDA, US

**CASE STUDY:** Nestled in a grove of towering oak trees off Florida's Treasure Coast is a public park where children, adults, and teens can all be active together.

■ ■ ■ The park's outdoor fitness equipment is strategically placed to face the playground equipment, giving caretakers the option to work out while supervising younger kids.

Designed to accommodate a high volume of families in Port St. Lucie, the fifth-largest growing metro in the United

States, as the nearby middle and high schools' student bodies that are transitioning away from traditional play equipment and toward fitness equipment, Whispering Pines Park is an inclusive green space for all ages to enjoy an active lifestyle.





This system allows the user to increase the weight resistance by increasing movement of speed when lifting the kettlebell.



# SPORT E SALUTE, ITALY

**CASE STUDY: Sport e Salute S.p.A. is a state-owned organisation that promotes sports and healthy lifestyles by providing sector-specific services and expertise to stakeholders in the sport system.**

Since 2021, it has launched numerous initiatives and grant programs throughout Italy, focusing on various projects that encourage sports participation and improve infrastructure.

One of the main initiatives is “Sport di Tutti” or “Sports for Everyone,” which aims to promote social inclusion through sports.

KOMPAN Italy has participated in three of Sport e Salute’s grant programs, installing over 150 sports areas in different regions of Italy.



All fitness equipment is white, customized with the Sport e Salute logo, and includes a QR code that directs users to the Sport e Salute website where exercise videos can be found.



Each fitness area comprises new, well-equipped exercise equipment for cross training, street workouts, and cardio equipment connected with Bluetooth.



# FITNESS PRO

Discover the pinnacle of outdoor fitness with our award-winning product line, PRO fitness. Created to the highest possible standards, combining beautiful aesthetics with human-friendly design. The PRO line amplifies any park or recreational space and draws you in. The PRO range includes strength, cardio, and functional training equipment, providing a comprehensive workout. Each piece boasts adjustable and scalable features, ensuring everyone can exercise at their own pace. Inclusive and accessible, our PRO fitness equipment invites everyone to join — elevating your community's fitness experience.



# PRO CARDIO

## Adjustable Interactive Workout

The striking Cardio range has been awarded the Good Design Award for its innovative and high-quality design. Our Cardio bikes have adjustable resistance and are geometrically tailored to specific workout needs.

The Arm Bike is wheelchair accessible, and the Cross Trainer has an innovative sprint mode for shaping thighs and glutes. All machines are on par with the best indoor machines!



City Bike Pro Touchscreen  
FAZ50101



Sport Bike Pro Touchscreen  
FAZ50201



**For a greener future**  
Post-consumer recycled materials:  
Steel parts adhere to industrial standards.



## PRODUCT INFORMATION

| Product number | Product name               |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ50101       | City Bike Pro Touchscreen  | ✓ | 13+ / -                      | 1                | 3'3"                  | 4'6"                   | 9'2" x 7'8"                             | 2.3                  | 338  |
| FAZ50100       | City Bike Pro              | ✓ | 13+ / -                      | 1                | 3'3"                  | 4'6"                   | 9'2" x 7'8"                             | 2.4                  | 337  |
| FAZ50201       | Sport Bike Pro Touchscreen |   | 13+ / -                      | 1                | 3'3"                  | 3'10"                  | 9'8" x 7'9"                             | 2.3                  | 337  |
| FAZ50200       | Sport Bike Pro             |   | 13+ / -                      | 1                | 3'3"                  | 3'10"                  | 9'8" x 7'9"                             | 2.4                  | 337  |



Arm Bike Pro  
FAZ51100



Cross Trainer Pro Touchscreen  
FAZ52101



## PRODUCT INFORMATION

| Product number | Product name                  |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|-------------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ51100       | Arm Bike Pro                  | ✓ ✓   | 13+ / -                      | 1                | 2'0"                  | 3'11"                  | 9'1" x 7'10"                            | 2.2                  | 267  |
| FAZ52100       | Cross Trainer Pro             | ✓   | 13+ / -                      | 1                | 2'0"                  | 5'9"                   | 11'11" x 8'9"                           | 3.8                  | 596  |
| FAZ52101       | Cross Trainer Pro Touchscreen | ✓   | 13+ / -                      | 1                | 2'0"                  | 5'9"                   | 11'11" x 8'9"                           | 3.8                  | 597  |

# PRO STRENGTH

## Full-Body Workout with Adjustable Equipment

The Strength range is a high-quality replication of an indoor exercise setup. These machines use the same biomechanics and resistance mechanisms as indoor selectorized strength machines. These are game changers for the outdoor fitness space!

The machines are safe, easy to use, and time efficient because of the controlled movements and quick, straightforward resistance selection.



Pull Down Pro  
FAZ602



Chest Press Pro  
FAZ601



Leg Press Pro  
FAZ603





**For a greener future**  
Post-consumer recycled materials:  
Steel parts adhere to industrial standards.



### PRODUCT INFORMATION

| Product number | Product name    |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |       |
|----------------|-----------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|-------|
| FAZ602         | Pull Down Pro   | ✓   | ✓                            | 13+ / -          | 1                     | 17"                    | 7'0"                                    | 12'5" x 11'6"        | 8.3  | 1,039 |
| FAZ601         | Chest Press Pro | ✓   |                              | 13+ / -          | 1                     | 15"                    | 7'0"                                    | 12'4" x 10'0"        | 8.6  | 1,015 |
| FAZ603         | Leg Press Pro   | ✓   |                              | 13+ / -          | 1                     | 2'1"                   | 7'0"                                    | 11'5" x 15'10"       | 11   | 1,713 |



Shoulder Press Pro  
FAZ604



Horizontal Row Pro  
FAZ605



Sit Up Bench Pro  
FAZ606



Lower Back Bench Pro  
FAZ607



## PRODUCT INFORMATION

| Product number | Product name         |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ604         | Shoulder Press Pro   | ✓ ✓   | 13+ / -                      | 1                | 1'5"                  | 7'0"                   | 12'2" x 11'11"                          | 9.3                  | 1,152  |
| FAZ605         | Horizontal Row Pro   | ✓   | 13+ / -                      | 1                | 1'7"                  | 7'0"                   | 12'2" x 11'3"                           | 8.1                  | 961  |
| FAZ606         | Sit Up Bench Pro     | ✓   | 13+ / -                      | 1                | 3'1"                  | 3'1"                   | 9'1" x 12'8"                            | 3.4                  | 197  |
| FAZ607         | Lower Back Bench Pro | ✓ ✓   | 13+ / -                      | 1                | 2'11"                 | 2'11"                  | 10'0" x 11'6"                           | 3.4                  | 151  |

# PRO CROSS TRAINING

## Scalable Functional Training in a Striking Design

Our Cross Training range draws attention from afar with its dynamic and modern look. The open-frame structures provide scalable resistance on innovative fitness equipment such as suspension trainers, pull-up bars, free weights, and parallel bars.

The Cross Training range is not only appreciated by fitness enthusiasts: it won the Good Design Award and the European Product Design Award in 2017.



Suspension Trainer Pro  
FAZ10101



Magnetic Bells Pro  
FAZ102



Pull Up Bars Pro  
FAZ103



Parallel Bars Pro  
FAZ104



Core Twist Pro  
FAZ105





**For a greener future**  
Post-consumer recycled materials:

|                             |      |
|-----------------------------|------|
| EcoCore™ Panels             | >95% |
| Corocord Rope with EcoYarn™ | >95% |

Steel parts adhere to industrial standards.



### PRODUCT INFORMATION

| Product number | Product name           |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ10101       | Suspension Trainer Pro | ✓ ✓   | 13+ / -                      | 3                | -                     | 10'11"                 | 14'7" x 17'5"                           | 6.4                  | 807  |
| FAZ102         | Magnetic Bells Pro     | ✓ ✓   | 13+ / -                      | 3                | -                     | 10'11"                 | 14'7" x 9'5"                            | 7.1                  | 993  |
| FAZ103         | Pull Up Bars Pro       |   | 13+ / -                      | 3                | 9'5"                  | 10'11"                 | 14'7" x 15'2"                           | 7.2                  | 886  |
| FAZ104         | Parallel Bars Pro      | ✓   | 13+ / -                      | 3                | 4'1"                  | 10'11"                 | 14'7" x 12'8"                           | 6.8                  | 893  |
| FAZ105         | Core Twist Pro         | ✓ ✓   | 13+ / -                      | 3                | -                     | 10'11"                 | 14'7" x 9'5"                            | 8.6                  | 1,065  |



Cross Training Pro Combi 1  
FAZ20101



Cross Training Pro Combi 2  
FAZ20301



Cross Training Pro Combi 3  
FAZ20401

**PRODUCT INFORMATION**

| Product number | Product name               |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ20101       | Cross Training Pro Combi 1 | ✓ ✓   | 13+ / -                      | 10               | 9'5"                  | 10'11"                 | 34'9" x 17'5"                           | 14                   | 2,073  |
| FAZ20301       | Cross Training Pro Combi 2 | ✓ ✓   | 13+ / -                      | 9                | 4'1"                  | 10'11"                 | 34'9" x 17'5"                           | 14                   | 2,099  |
| FAZ20401       | Cross Training Pro Combi 3 | ✓ ✓   | 13+ / -                      | 9                | -                     | 10'11"                 | 34'9" x 17'5"                           | 15                   | 2,271  |

# PRO CROSS TRAINING



Step, 8 in  
FAZ30100



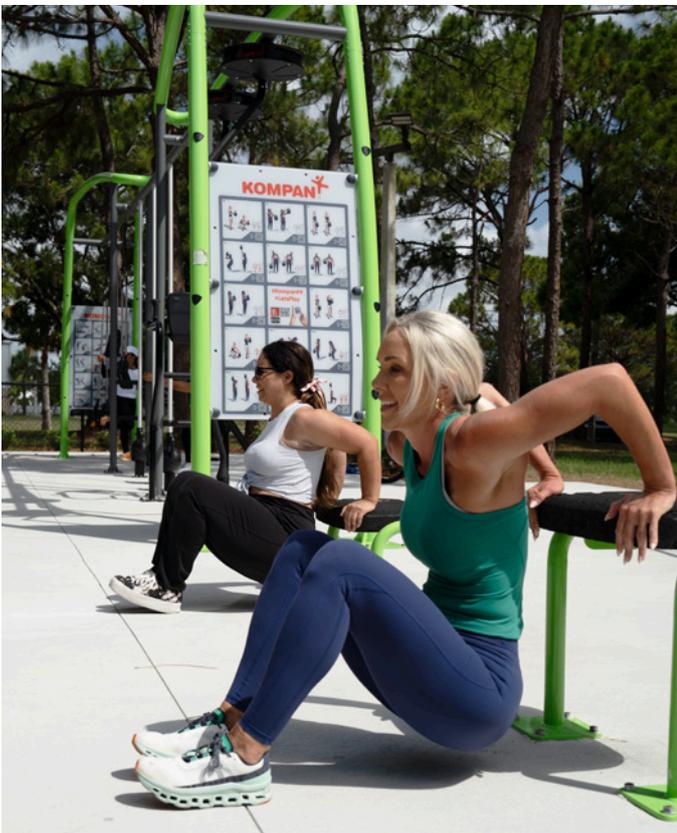
Step, 16 in  
FAZ30200



Step, 24 in  
FAZ30300



Step, 32 in  
FAZ30400



## PRODUCT INFORMATION

| Product number | Product name         |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ30100       | Step, 8 in           | ✓   | 13+ / -                      | 1                | 0'8"                  | 0'8"                   | 10'0" x 10'0"                           | 1.7                  | 71   |
| FAZ30101       | Step, 8 in PU Steel  | ✓   | 13+ / -                      | 1                | 0'7"                  | 0'7"                   | 10'0" x 10'0"                           | 1.6                  | 104  |
| FAZ30200       | Step, 16 in          | ✓   | 13+ / -                      | 1                | 1'3"                  | 1'3"                   | 10'0" x 10'0"                           | 1.7                  | 75   |
| FAZ30201       | Step, 16 in PU Steel | ✓   | 13+ / -                      | 1                | 1'3"                  | 1'3"                   | 10'0" x 10'0"                           | 1.6                  | 108  |
| FAZ30300       | Step, 24 in          |   | 13+ / -                      | 1                | 1'11"                 | 1'11"                  | 10'0" x 10'0"                           | 1.7                  | 79   |
| FAZ30301       | Step, 24 in PU Steel |   | 13+ / -                      | 1                | 1'10"                 | 1'10"                  | 10'0" x 10'0"                           | 1.7                  | 112  |
| FAZ30400       | Step, 32 in          |   | 13+ / -                      | 1                | 2'7"                  | 2'7"                   | 10'0" x 10'0"                           | 1.7                  | 84   |
| FAZ30401       | Step, 32 in PU Steel |   | 13+ / -                      | 1                | 2'6"                  | 2'6"                   | 10'0" x 10'0"                           | 1.7                  | 117  |



Sign X-Large  
PAR3005

**PRODUCT INFORMATION**

| Product number | Product name |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| PAR3005        | Sign X-Large |   | -                            | -                | -                     | 6'9"                   | - x -                                   | 1.1                  | 138  |



# FITNESS ESSENTIALS

Experience the Essential fitness product line, where functionality meets versatility. This range excels in flexibility and modularity, offering exceptional value. Designed for diverse workouts, the Essential line includes equipment for cardio, cross training, street workouts, mobility, and obstacle courses. Whether aiming for a high-intensity session or a low-impact exercise, this range caters to all fitness levels and needs. Enhance your community with the Essential range and provide an adaptable, cost-effective fitness solution.



KOMPAN.

Let's move

# CARDIO

## Cardio Equipment for Every Workout

The meticulously designed Cardio range features a variety of fitness machines. The Cross Trainer appeals to a wide demographic with its low-impact, full-body movement. Ergonomically optimized, it offers 10 adjustable resistance levels, making it suitable for both rehabilitation and athletic conditioning.

The Arm Bike is inclusive for all fitness levels, featuring smooth magnetic resistance and adaptable usage. The recumbent bike, ideal for seniors, boasts a comfortable design, adjustable backrest and ten resistance levels.

Lastly, the versatile Bike caters to various intensities, from gentle exercises to intense sprints, with an adjustable seat accommodating users of different heights.



Bike High Seat  
FSW247



Recumbent Bike  
FSW241



Bike  
FSW246





**For a greener future**  
Post-consumer recycled materials:  
EcoCore™ Panels >95%  
Steel parts adhere to industrial standards.



## PRODUCT INFORMATION

| Product number | Product name   |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW247         | Bike High Seat | ✓   | 13+ / -                      | 1                | 3'5"                  | 3'11"                  | 9'1" x 7'9"                             | 2.7                  | 295  |
| FSW241         | Recumbent Bike | ✓   | 13+ / -                      | 1                | 1'8"                  | 3'0"                   | 12'4" x 7'6"                            | 3.3                  | 325  |
| FSW246         | Bike           | ✓   | 13+ / -                      | 1                | 3'3"                  | 3'11"                  | 9'1" x 7'9"                             | 2.7                  | 282  |



Arm Bike  
FSW240



Cross Trainer  
FSW239



## PRODUCT INFORMATION

| Product number | Product name  |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|---------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW240         | Arm Bike      | ✓   | ✓   | 13+ / -                      | 1                | 2'0"                  | 3'9"                   | 8'8" x 7'10"                            | 2.1                  | 197  |
| FSW239         | Cross Trainer | ✓   |   | 13+ / -                      | 1                | 1'8"                  | 5'6"                   | 11'5" x 8'4"                            | 3.3                  | 337  |

# CROSS TRAINING

## Compact Functional Training

This range has customizable features enabling an outdoor functional training solution that fits your needs and wants. Each section offers activities like kettlebells, suspension trainers, or pull-up bars and is wheelchair accessible.

Available as stand-alone pieces or as joined structures in a circular or linear combination, this range is perfect for schools, municipalities, or housing areas.



### For a greener future

Post-consumer recycled materials:

EcoCore™ Panels

>95%

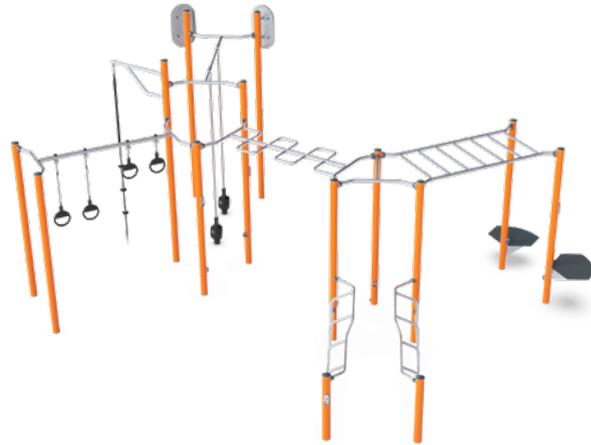
Corocord Rope with EcoYarn™

>95%

Steel parts adhere to industrial standards.



Super Combi 1  
FSW248



Super Combi 2  
FSW249



Super Combi 3  
FSW250



## PRODUCT INFORMATION

| Product number | Product name  |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |       |
|----------------|---------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|-------|
| FSW248         | Super Combi 1 | ✓   | ✓                            | 13+ / -          | 11                    | 9'10"                  | 10'8"                                   | 24'10" x 27'11"      | 10   | 842   |
| FSW249         | Super Combi 2 | ✓   | ✓                            | 13+ / -          | 14                    | 9'10"                  | 10'8"                                   | 32'10" x 34'5"       | 14   | 1,370 |
| FSW250         | Super Combi 3 | ✓   | ✓                            | 13+ / -          | 17                    | 9'10"                  | 10'8"                                   | 28'11" x 30'2"       | 14   | 1,294 |



Super Combi 1, Supervised  
FSW251



Super Combi 2, Supervised  
FSW252



The Super Combi Supervised structures are intended for gated areas only, as they include items that do not satisfy safety standards for public places.

Loose items are not included in Super Combi Supervised products.



Super Combi 3, Supervised  
FSW253



**PRODUCT INFORMATION**

| Product number | Product name             |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW251         | Super Combi 1 Supervised | ✓ ✓   | 13+ / -                      | 13               | 9'10"                 | 10'8"                  | 25'9" x 28'7"                           | 12                   | 948  |
| FSW252         | Super Combi 2 Supervised | ✓ ✓   | 13+ / -                      | 16               | 9'10"                 | 10'8"                  | 32'10" x 34'5"                          | 16                   | 1,476  |
| FSW253         | Super Combi 3 Supervised | ✓ ✓   | 13+ / -                      | 19               | 9'10"                 | 10'8"                  | 31'8" x 28'9"                           | 16                   | 1,416  |

# CROSS TRAINING



Cross Training Combi 4 Compact  
FAZ20501



Suspension Trainer Compact  
FAZ10701



Magnetic Bells Compact  
FAZ108



Core Twist Compact  
FAZ109



## PRODUCT INFORMATION

| Product number | Product name                   |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ10701       | Suspension Trainer Compact     | ✓ ✓   | 13+ / -                      | 2                | -                     | 9'7"                   | 6'9" x 17'5"                            | 4.5                  | 369  |
| FAZ108         | Magnetic Bells Compact         | ✓ ✓   | 13+ / -                      | 2                | -                     | 9'7"                   | 6'9" x 9'9"                             | 5                    | 481  |
| FAZ109         | Core Twist Compact             | ✓ ✓   | 13+ / -                      | 3                | 7'7"                  | 9'7"                   | 13'3" x 18'4"                           | 6.3                  | 514  |
| FAZ20501       | Cross Training Combi 4 Compact | ✓ ✓   | 13+ / -                      | 4                | -                     | 9'7"                   | 13'11" x 17'5"                          | 6.7                  | 733  |



Cross Training Combi 5 Compact  
FAZ20601



Cross Training Combi 6 Compact  
FAZ207



Cross Training Combi 7 Compact  
FAZ20801



Cross Training Combi 8 Compact  
FAZ20901



KOMPAN

## PRODUCT INFORMATION

| Product number | Product name                   |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FAZ20601       | Cross Training Combi 5 Compact | ✓ ✓   | 13+ / -                      | 5                | 77"                   | 97"                    | 20'4" x 18'4"                           | 8                    | 747  |
| FAZ207         | Cross Training Combi 6 Compact | ✓ ✓   | 13+ / -                      | 5                | 77"                   | 97"                    | 20'4" x 18'4"                           | 8.4                  | 866  |
| FAZ20801       | Cross Training Combi 7 Compact | ✓ ✓   | 13+ / -                      | 7                | 77"                   | 97"                    | 27'5" x 18'4"                           | 11                   | 1,190  |
| FAZ20901       | Cross Training Combi 8 Compact | ✓ ✓   | 13+ / -                      | 7                | 77"                   | 97"                    | 25'6" x 19'8"                           | 12                   | 1,293  |

# STREET WORKOUT

## Combinations for small spaces

The Street Workout products are inspired by experts and designed to motivate professionals and fitness enthusiasts. The series comprises various combination packages, offering a complete street workout and calisthenics experience with a minimal footprint.

The affordable Street Workout range offers many exercises in a small space for a large number of fitness enthusiasts.



### For a greener future

#### Post-consumer recycled materials:

EcoCore™ Panels

>95%

Corocord Rope with EcoYarn™

>95%

Steel parts adhere to industrial standards.



Combi 3  
FSW103



Combi 1  
FSW101



Combi 2  
FSW102



Combi 4  
FSW104



Combi 5  
FSW105



## PRODUCT INFORMATION

| Product number | Product name |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW101         | Combi 1      |   | 13+ / -                      | 3                | 7'8"                  | 7'10"                  | 16'11" x 15'9"                          | 4.6                  | 223  |
| FSW102         | Combi 2      |   | 13+ / -                      | 6                | 7'8"                  | 7'10"                  | 25'3" x 19'9"                           | 6                    | 311  |
| FSW103         | Combi 3      |   | 13+ / -                      | 8                | 7'8"                  | 7'10"                  | 32'1" x 25'8"                           | 8.6                  | 484  |
| FSW104         | Combi 4      |   | 13+ / -                      | 8                | 7'8"                  | 7'10"                  | 19'8" x 23'11"                          | 8.2                  | 468  |
| FSW105         | Combi 5      |   | 13+ / -                      | 14               | 7'8"                  | 7'10"                  | 31'2" x 21'3"                           | 11                   | 778  |



Hexagon Pull-Up Station Pro  
FSW217



Square Pull-Up Station  
FSW218



Multi Timer  
FSW301



Combi 4 with Multi Timer  
FSW302



**PRODUCT INFORMATION**

| Product number | Product name                |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|-----------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW217         | Hexagon Pull-Up Station Pro | ✓ ✓   | 13+ / -                      | 6                | 7'8"                  | 7'10"                  | 17'6" x 18'0"                           | 4.4                  | 286  |
| FSW301         | Multi Timer                 | ✓ ✓   | 13+ / -                      | 4                | -                     | 5'7"                   | - x -                                   | 2.1                  | 59   |
| FSW302         | Combi 4 with Multi Timer    |   | 13+ / -                      | 4                | 7'8"                  | 7'10"                  | 19'8" x 23'11"                          | 9                    | 509  |
| FSW218         | Square Pull-Up Station      | ✓ ✓   | 13+ / -                      | 4                | 7'8"                  | 7'10"                  | 14'4" x 14'4"                           | 3.7                  | 193  |

# STREET WORKOUT



Human Flag Wall  
FSW220



Incline Press  
FSW206



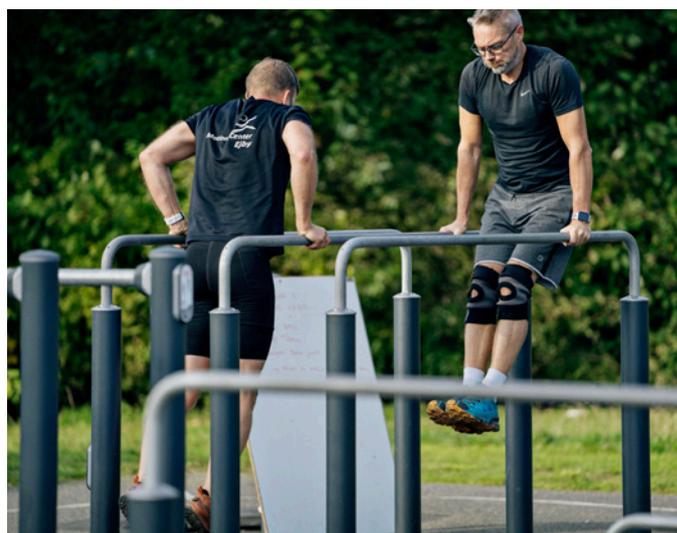
Push Up Bars  
FSW209



Pull Up Station  
FSW208



Overhead Ladder, Wide  
FSW205



## PRODUCT INFORMATION

| Product number | Product name          |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|-----------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW220         | Human Flag Wall       |   |   | 13+ / -                      | 3                | 7'8"                  | 7'10"                  | 12'10" x 12'7"                          | 4.1                  | 220  |
| FSW206         | Incline Press         | ✓   | ✓   | 13+ / -                      | 1                | 7'8"                  | 7'10"                  | 9'3" x 12'7"                            | 2.7                  | 83   |
| FSW209         | Push Up Bars          | ✓   | ✓   | 13+ / -                      | 3                | 4'4"                  | 4'7"                   | 16'3" x 15'10"                          | 2.7                  | 77   |
| FSW208         | Pull Up Station       | ✓   |   | 13+ / -                      | 2                | 7'8"                  | 7'10"                  | 14'3" x 12'7"                           | 3.2                  | 131  |
| FSW205         | Overhead Ladder, Wide |   |   | 13+ / -                      | 2                | 7'8"                  | 7'10"                  | 13'5" x 9'11"                           | 3.5                  | 180  |



Leg Lift & Pull Up  
FSW238



Sit Up Bench  
FSW203



Decline Bench  
FSW204



Dip Bench  
FSW202



Parallel Bars  
FSW201



Triple Bars  
FSW210



**PRODUCT INFORMATION**

| Product number | Product name       |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW201         | Parallel Bars      |   | 13+ / -                      | 2                | 3'6"                  | 3'6"                   | 12'5" x 7'9"                            | 2.6                  | 114  |
| FSW202         | Dip Bench          |   | 13+ / -                      | 2                | 2'5"                  | 2'5"                   | 12'5" x 9'11"                           | 2.6                  | 107  |
| FSW203         | Sit Up Bench       |   | 13+ / -                      | 1                | 2'1"                  | 2'8"                   | 12'11" x 9'6"                           | 2.9                  | 96   |
| FSW204         | Decline Bench      |   | 13+ / -                      | 1                | 2'1"                  | 2'8"                   | 12'11" x 9'6"                           | 2.9                  | 93   |
| FSW210         | Triple Bars        |   | 13+ / -                      | 2                | 4'7"                  | 4'7"                   | 12'5" x 9'7"                            | 3.2                  | 182  |
| FSW238         | Leg Lift & Pull Up |   | 13+ / -                      | 2                | 4'4"                  | 7'10"                  | 12'7" x 14'9"                           | 3.8                  | 142  |

# OBSTACLE COURSES

## Challenging All

Obstacle courses are just a great way to exercise. Smart step-ups and extra grips make it easy for beginners to conquer the course, and due to the equipment size and height, even the most advanced athletes will find a way to push themselves!

Our obstacle courses are designed to challenge everyone at their own level. Enjoy the moment when you achieve your new personal best!



### For a greener future

#### Post-consumer recycled materials:

EcoCore™ Panels  
Corocord Rope with EcoYarn™

>95%  
>95%

Steel parts adhere to industrial standards.



Vertical Net and Wall  
FSW216



Multi Net  
FSW207



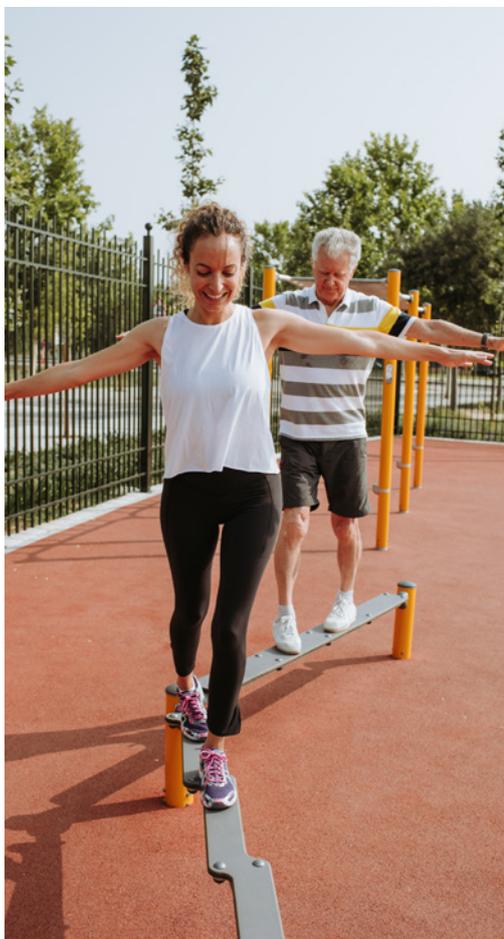
Balance Beam  
FSW215



Double Turbo Challenge  
FSW21201



Double Overhead Ladder  
FSW213



## PRODUCT INFORMATION

| Product number | Product name           |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW216         | Vertical Net and Wall  |   | 13+ / -                      | 3                | 7'8"                  | 7'10"                  | 12'10" x 15'9"                          | 6.8                  | 400  |
| FSW21201       | Double Turbo Challenge |   | 13+ / -                      | 3                | 7'5"                  | 8'10"                  | 22'8" x 12'0"                           | 5.2                  | 374  |
| FSW213         | Double Overhead Ladder |   | 13+ / -                      | 4                | 7'8"                  | 7'10"                  | 20'6" x 9'11"                           | 4.9                  | 314  |
| FSW215         | Balance Beam           |   | 13+ / -                      | 3                | 1'4"                  | 1'6"                   | 26'9" x 19'8"                           | 3.7                  | 156  |
| FSW207         | Multi Net              | ✓ | 13+ / -                      | 1                | 7'8"                  | 7'10"                  | 9'3" x 12'7"                            | 3.8                  | 149  |



Hurdles  
FSW211



Over Under  
FSW214



Jump Pod Set  
FSW221



Combi Steps  
FSW219



## PRODUCT INFORMATION

| Product number | Product name |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW221         | Jump Pod Set |   | 13+ / -                      | 1                | 2'0"                  | 2'0"                   | 10'4" x 12'7"                           | 1.7                  | 125  |
| FSW211         | Hurdles      |   | 13+ / -                      | 5                | 1'4"                  | 1'10"                  | 10'8" x 33'7"                           | 4.4                  | 216  |
| FSW214         | Over Under   |   | 13+ / -                      | 4                | 3'10"                 | 3'10"                  | 10'6" x 30'9"                           | 3.7                  | 207  |
| FSW219         | Combi Steps  |   | 13+ / -                      | 4                | 2'7"                  | 2'7"                   | 10'0" x 29'8"                           | 3.9                  | 308  |

# MOBILITY

## Balance, Strength, and Mobility

The Mobility range comprises equipment that improves balance, strength, and mobility. Suitable for users of an older age, Mobility enables users to train in fall prevention and balance. It's also beneficial for those recovering from moderate to severe injuries.



**For a greener future**  
**Post-consumer recycled materials:**

|                             |      |
|-----------------------------|------|
| EcoCore™ Panels             | >95% |
| Corocord Rope with EcoYarn™ | >95% |

Steel parts adhere to industrial standards.



Balance Board  
**FSW231**



Surface Challenge 5  
**FSW225**



Surface Challenge 3  
**FSW224**



Stretch Station  
**FSW223**



Flex Wheel  
**FSW226**

### PRODUCT INFORMATION

| Product number | Product name        |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|---------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW231         | Balance Board       | ✓   | 13+ / -                      | 1                | 0'5"                  | 6'7"                   | 8'9" x 10'9"                            | 4.8                  | 178  |
| FSW225         | Surface Challenge 5 | ✓   | 13+ / -                      | 9                | 0'8"                  | 3'5"                   | 8'11" x 29'0"                           | 12                   | 909  |
| FSW224         | Surface Challenge 3 | ✓   | 13+ / -                      | 5                | 0'8"                  | 3'5"                   | 8'11" x 19'9"                           | 7.8                  | 537  |
| FSW223         | Stretch Station     | ✓   | 13+ / -                      | 4                | 6'4"                  | 6'7"                   | 12'10" x 16'4"                          | 4                    | 166  |
| FSW226         | Flex Wheel          | ✓   | 13+ / -                      | 1                | -                     | 5'5"                   | 15'2" x 7'4"                            | 3.1                  | 49   |



Assisted Step  
FSW222



Balance Station  
FSW227



Up & Go  
FSW228



Double Stairs  
FSW230



Stairs & Ramp  
FSW229



## PRODUCT INFORMATION

| Product number | Product name    |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|-----------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW222         | Assisted Step   | ✓   | 13+ / -                      | 1                | 0'8"                  | 3'10"                  | 10'0" x 10'0"                           | 2.7                  | 125  |
| FSW227         | Balance Station | ✓   | 13+ / -                      | 4                | 0'10"                 | 4'1"                   | 15'11" x 15'9"                          | 4.7                  | 334  |
| FSW228         | Up & Go         | ✓   | 13+ / -                      | 1                | -                     | 3'1"                   | 19'3" x 13'6"                           | 2.7                  | 108  |
| FSW229         | Stairs & Ramp   | ✓   | 13+ / -                      | 2                | 2'3"                  | 5'4"                   | 8'11" x 19'3"                           | 11                   | 760  |
| FSW230         | Double Stairs   | ✓   | 13+ / -                      | 2                | 2'3"                  | 5'4"                   | 8'11" x 13'11"                          | 9.9                  | 438  |

# MOBILITY



Twist & Flex Wheel  
FSW236



Flex Wheel & Leg Lift  
FSW237



Free Runner  
FSW242



Inclusive Chest Press  
FSW243



Inclusive Double Chest Press  
FSW244



Inclusive Parallel Bars  
FSW245

## PRODUCT INFORMATION

| Product number | Product name                 |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|------------------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FSW236         | Twist & Flex Wheel           | ✓   | ✓   | 13+ / -                      | 2                | 0'8"                  | 5'5"                   | 15'2" x 14'10"                          | 4                    | 147  |
| FSW237         | Flex Wheel & Leg Lift        | ✓   | ✓   | 13+ / -                      | 2                | 4'4"                  | 5'6"                   | 15'2" x 14'3"                           | 4.3                  | 127  |
| FSW242         | Free Runner                  | ✓   |   | 13+ / -                      | 1                | 2'9"                  | 4'8"                   | 9'8" x 10'9"                            | 3.2                  | 187  |
| FSW243         | Inclusive Chest Press        | ✓   | ✓   | 13+ / -                      | 1                | -                     | 6'3"                   | 10'1" x 9'5"                            | 2.2                  | 112  |
| FSW244         | Inclusive Double Chest Press | ✓   | ✓   | 13+ / -                      | 2                | 1'6"                  | 6'3"                   | 9'5" x 14'2"                            | 3.3                  | 233  |
| FSW245         | Inclusive Parallel Bars      | ✓   | ✓   | 13+ / -                      | 2                | 3'3"                  | 3'3"                   | 12'5" x 11'10"                          | 3.3                  | 207  |





# FITNESS WOOD

The Fitness Wood product line is a smaller wooden range made from robinia. This range combines flexibility and multifunctionality with a lower carbon footprint. Perfect for diverse workouts, the Fitness Wood range includes equipment for street workouts and obstacle courses. Each piece features a warm, wooden aesthetic that seamlessly fits into natural surroundings, plus an FSC®-certified (C004450) option. Enjoy the same high functionality as the Essentials range while enhancing your park or recreational area with adaptable and cost-effective fitness solutions.



\*Scan and read more about the documented benefits here:

# STREET WORKOUT WOOD

## Street Workout in a Natural Style

Our Street Workout range is also available in Robinia wood. This brings the urban street workout trend into a natural environment - or the natural environment into an urban setting.

Robinia wood is a solid material with very high levels of natural oils. It's also the most suitable material for an outdoor fitness solution as it provides long-lasting quality with low maintenance needs.



### For a greener future

#### Robinia wood:

Nature's own material, harvested from European forestry. Robinia wood is known for its natural preservatives that make it long lasting in the outdoors.



Combi 5 Robinia  
FRO105



Combi 2 Robinia  
FRO102

## PRODUCT INFORMATION

All Robinia products are available as FSC®-certified

| Product number | Product name    |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2e</sub> (kg CO <sub>2e</sub> ) |
|----------------|-----------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|---|
| FRO105         | Combi 5 Robinia |   | 13+ / -                      | 10               | 7'8"                  | 8'7"                   | 31'3" x 21'3"                           | 22                   | 524   |
| FRO102         | Combi 2 Robinia |   | 13+ / -                      | 5                | 7'8"                  | 8'7"                   | 20'6" x 23'11"                          | 8.6                  | 213   |



Combi 4 Robinia  
FRO104



Parallel Bars Robinia  
FRO201



Sit Up Bench Robinia  
FRO203



Dip Bench Robinia  
FRO202



Push Up Bars Robinia  
FRO209



Multi Timer Robinia  
FRO222

## PRODUCT INFORMATION

All Robinia products are available as FSC®-certified

| Product number | Product name          |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|-----------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FRO104         | Combi 4 Robinia       |   | 13+ / -                      | 8                | 7'8"                  | 8'7"                   | 19'8" x 23'11"                          | 15                   | 317  |
| FRO201         | Parallel Bars Robinia |   | 13+ / -                      | 1                | 3'6"                  | 4'5"                   | 12'5" x 7'9"                            | 3.4                  | 48   |
| FRO203         | Sit Up Bench Robinia  |   | 13+ / -                      | 1                | 2'1"                  | 3'5"                   | 9'6" x 12'11"                           | 3.3                  | 78   |
| FRO202         | Dip Bench Robinia     |   | 13+ / -                      | 2                | 2'5"                  | 2'5"                   | 13'9" x 9'11"                           | 3.6                  | 81   |
| FRO209         | Push Up Bars Robinia  | ✓ ✓   | 13+ / -                      | 3                | 4'4"                  | 5'3"                   | 16'5" x 15'10"                          | 4.2                  | 38   |
| FRO222         | Multi Timer Robinia   | ✓ ✓   | 13+ / -                      | 4                | -                     | 5'10"                  | - x -                                   | 1.5                  | 53   |

# OBSTACLE COURSES WOOD

## Obstacle Courses in a Natural Style

The Robinia Obstacle Courses are designed to challenge everyone. Smart step-ups and extra grips will make it easy for beginners to get started on the equipment, and due to the size and height of the equipment, even the most advanced athletes will find a way to challenge themselves!

Robinia wood is a durable material, making this a long-lasting, low-maintenance outdoor fitness solution.



### For a greener future

#### Robinia wood:

Nature's own material, harvested from European forestry. Robinia wood is known for its natural preservatives that make it long lasting in the outdoors.



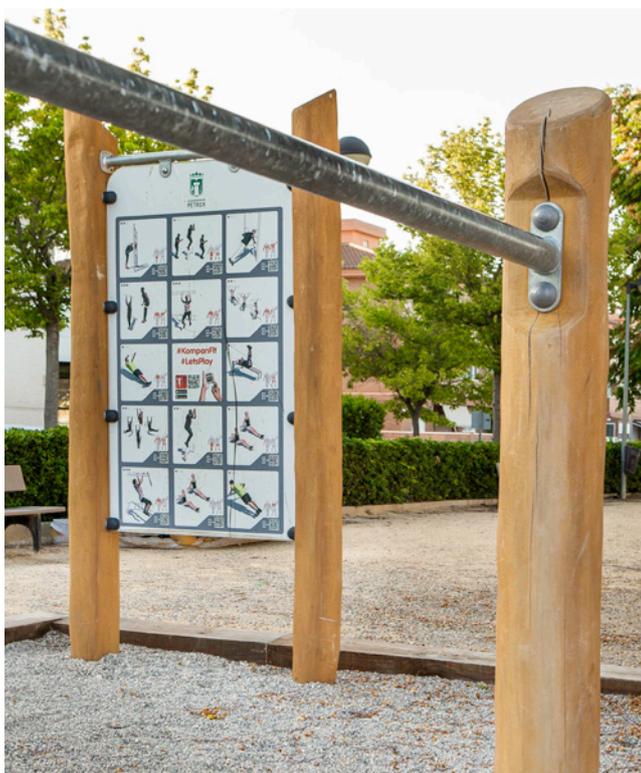
Vertical Net/Wall Robinia  
FRO216



Double Overhead Ladder Robinia  
FRO213



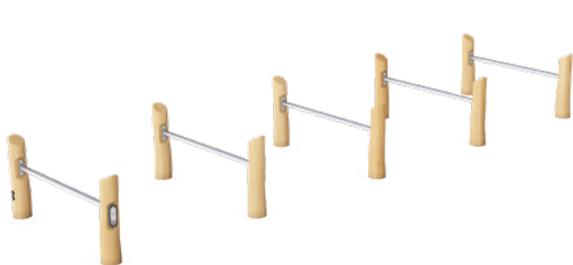
Square Pull-Up Station Robinia  
FRO218



## PRODUCT INFORMATION

All Robinia products are available as FSC®-certified

| Product number | Product name                   |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FRO216         | Vertical Net/Wall Robinia      |   | 13+ / -                      | 3                | 7'8"                  | 8'7"                   | 12'10" x 15'9"                          | 9.5                  | 341  |
| FRO213         | Double Overhead Ladder Robinia |   | 13+ / -                      | 4                | 7'8"                  | 8'7"                   | 20'6" x 9'11"                           | 7.8                  | 196  |
| FRO218         | Square Pull-Up Station Robinia | ✓ ✓   | 13+ / -                      | 4                | 7'8"                  | 8'7"                   | 14'4" x 14'4"                           | 5.9                  | 128  |



Hurdles Robinia  
FRO211



Over Under Robinia  
FRO214



Balance Beam Robinia  
FRO215



Double Turbo Challenge Robinia  
FRO212

**PRODUCT INFORMATION**

All Robinia products are available as FSC®-certified

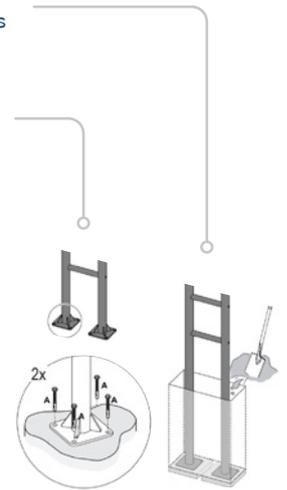
| Product number | Product name                   |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------------|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FRO211         | Hurdles Robinia                |   | 13+ / -                      | 5                | 1'8"                  | 2'7"                   | 10'8" x 33'7"                           | 7.3                  | 127  |
| FRO214         | Over Under Robinia             |   | 13+ / -                      | 4                | 3'10"                 | 4'10"                  | 10'6" x 30'9"                           | 5.7                  | 80   |
| FRO215         | Balance Beam Robinia           |   | 13+ / -                      | 3                | 2'0"                  | 2'0"                   | 33'11" x 16'11"                         | 5.5                  | 34   |
| FRO212         | Double Turbo Challenge Robinia |   | 13+ / -                      | 3                | 7'5"                  | 9'7"                   | 22'8" x 12'0"                           | 8.1                  | 256  |



The stylish anthracite gray fitness products at this fitness and rehabilitation site harmonize perfectly with the calm, green surroundings.

In-ground in multiple depths

Surface with expansion bolts



In gray PE or aluminum



## FURTHER INFORMATION

Contact us for more information on the range of options for configurable fitness and sports equipment. Please note that prices and delivery terms depend on specified configurations.



Product configurator is available at [www.kompan.com](http://www.kompan.com).

# POWERFUL DESIGN WITH COLORS

Create an individual expression

Distinct visual and creative expressions can be made by adding special colors to the steel parts of the fitness products.

Different colors can be chosen to make a statement or to support and highlight an overall design theme, an aesthetic

approach, the surroundings of the fitness site, or even to represent a specific brand or a corporate identity. Only the imagination sets the limits.

## STEEL COLORS

14 thrilling colors are offered in the standard assortment.

Beige  
NCS S 2020-Y20R\*  
RAL 1001

Yellow  
NCS S 2070-Y20R\*  
RAL 1006

Orange\*\*  
NCS S 2070-Y50R\*  
RAL 2010

Red  
NCS S 1580-Y90R\*  
RAL 3001

Light blue  
NCS S 2060-B\*  
RAL 5012

Dark blue\*\*  
NCS S 7020-R80B\*  
RAL 5003

Brown\*\*  
NCS S 7020-Y40R\*  
RAL 8011

Lime\*\*  
NCS S 1070-G30Y

Medium green  
NCS S 3065-G10Y\*  
RAL 6029

Dark green\*\*  
RAL 6005

Medium grey  
NCS S 5502-B\*  
RAL 7046

Dark grey\*\*  
NCS S 6502-B\*  
RAL 7012

Anthracite\*\*  
NCS S 8005-B20G\*  
RAL 7016

Black  
NCS S 9000-N\*  
RAL 9005

\* Color code value is approximate

\*\* The color is available as matte or glossy



Awesome-looking fitness solutions can seem even more impressive in a red or a dark green color.

The design of this fitness site has been created as an integrated concept and with a type of surfacing that gives maximum comfort during workouts.

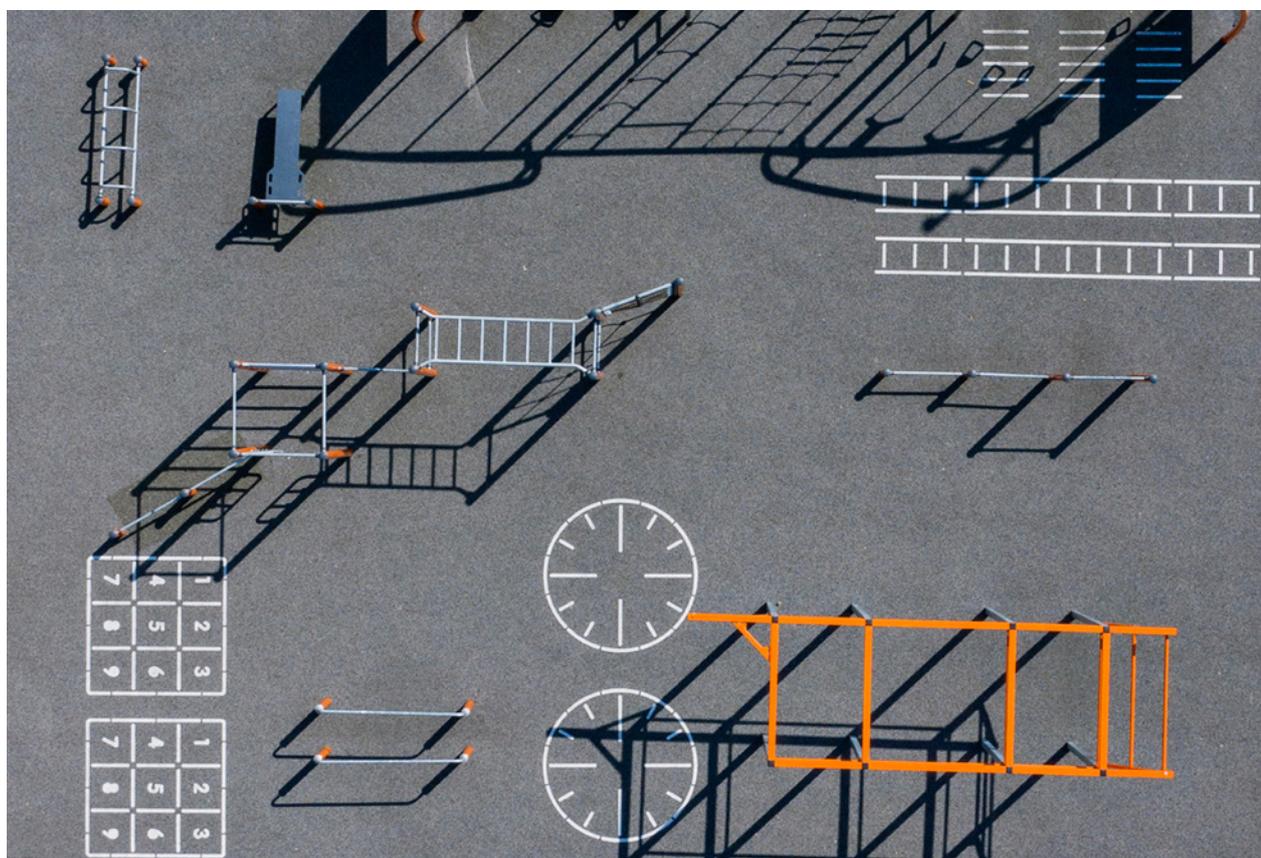


# FUNCTIONAL SURFACING WITH POUR IN PLACE

With high-quality wetpour surfacing solutions, designers can be very creative. Different colors, shapes, and graphics can support and highlight the overall design theme and also extend the functionality of the equipment to the surface.

From a safety perspective, a wetpour surfacing solution from KOMPAN provides brilliant shock absorption. And from an operational point of view, it provides a clean and comfortable surface with very low maintenance costs.

The soft yet firm surfacing is highly inclusive, making it possible for wheelchair users to easily access the fitness site.



Sets of symbols and markings painted on the surface optimize the use of the available site area. The patterns create specific areas for functional training based upon the graphic references on the floor.



sling for



# MULTISPORT

# MULTI-USE SPORTS AREAS

## Multi-Activities – The Ball is in Your Court

The MUSA is to sport what a convenience store is to shopping. It provides an optimized arena, a focal point for activity, and a place specifically designed to satisfy a need. These compact stadiums are an essential social asset in creating a healthy and engaging community.

MUSAs are where rules are not set in stone but most certainly agreed upon. The only common rule is to have lots of fun.

OTHER  
SIZES  
AVAILABLE



MUSA, 36 x 49 ft, Steel, 3 ft Walls  
**FRE600501**



**For a greener future**  
Post-consumer recycled materials:  
EcoCore™ Panels >95%

Steel parts adhere to industrial standards.



MUSA, 39 x 79 ft, Steel, 3 ft Walls  
**FRE600101**



MUSA, 39 x 79 ft, WPC, 3 ft Walls  
**FRE600103**



MUSA, 39 x 79 ft, Steel/HDPE, 3 ft Walls  
**FRE600102**



MUSA, 39 x 79 ft, Steel, 16 ft Walls, Rectangle  
**FRE600201**



MUSA, 43 x 85 ft, WPC, 3 ft Walls  
**FRE600803**



MUSA, 52 x 102 ft, Steel/HDPE, 7 ft Walls  
**FRE601001**

## PRODUCT INFORMATION

| Product number   | Product name                                    |   | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| <b>FRE600501</b> | MUSA, 36 x 49 ft, Steel, 3 ft Walls             | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 34                   | 4,503  |
| <b>FRE600101</b> | MUSA, 39 x 79 ft, Steel, 3 ft Walls             | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 34                   | 5,713  |
| <b>FRE600103</b> | MUSA, 39 x 79 ft, WPC, 3 ft Walls               | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 59                   | 5,860  |
| <b>FRE600102</b> | MUSA, 39 x 79 ft, Steel/HDPE, 3 ft Walls        | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 76                   | 5,208  |
| <b>FRE600201</b> | MUSA, 39 x 79 ft, Steel, 16 ft Walls, Rectangle | ✓   | 3+ / -                       | -                | -                     | 16'6"                  | - x -                                   | 76                   | 9,232  |
| <b>FRE600803</b> | MUSA, 43 x 85 ft, WPC, 3 ft Walls               | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 55                   | 5,416  |
| <b>FRE601001</b> | MUSA, 52 x 102 ft, Steel/HDPE, 7 ft Walls       | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 103                  | 11,423   |



Multi Goal, 10 ft, Steel  
FRE601401



Multi Goal, 26 ft, Steel  
FRE601501



Multi Goal, 39 ft, Steel  
FRE601601



Panna, Low  
FRE601201



Panna, High  
FRE601301

## PRODUCT INFORMATION

| Product number | Product name             |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|--------------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FRE601401      | Multi Goal, 10 ft, Steel | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 7.4                  | 849  |
| FRE601501      | Multi Goal, 26 ft, Steel | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 9.9                  | 1,330  |
| FRE601601      | Multi Goal, 39 ft, Steel | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 14                   | 2,037  |
| FRE601201      | Panna, Low               | ✓   | ✓   | 3+ / -                       | -                | -                     | 3'5"                   | - x -                                   | 8.3                  | 1,156  |
| FRE601301      | Panna, High              | ✓   | ✓   | 3+ / -                       | -                | -                     | 6'8"                   | - x -                                   | 13                   | 2,114  |

# COSMOS MULTI-SPORT

## A Player-Friendly Experience

Cosmos Multi-Sport offers a variety of sporting activities. An NBA-standard height basketball hoop enticingly hovers over the area while goals and nets invite users to participate in friendly soccer games. Here, games of any style encourage social interaction, light-hearted competition, and friendship - all while promoting active and healthy lifestyles.

Similar to the rest of the Multi-Sport range, the Cosmos invites passing children to stop and ask, "Can I join?"

OTHER  
SIZES  
AVAILABLE



Cosmos, 39 x 68 ft  
**FRE2110**



**For a greener future**  
Post-consumer recycled materials:  
EcoCore™ Panels >95%  
Steel parts adhere to industrial standards.



Multi Goal, 10 ft  
**FRE2210**



Multi Goal, 16 ft  
**FRE2211**



Multi Goal, 30 ft  
**FRE2212**



Multi Goal, 39 ft  
**FRE2213**

## PRODUCT INFORMATION

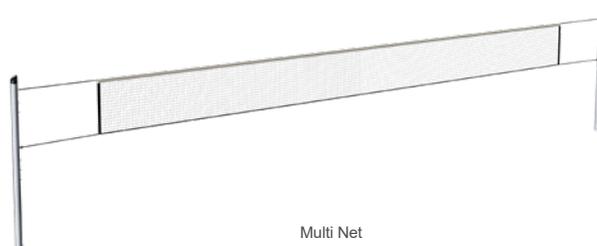
| Product number | Product name        |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|---------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| <b>FRE2110</b> | Cosmos, 39 x 68 ft  | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 70                   | 5,815  |
| <b>FRE2111</b> | Cosmos, 39 x 81 ft  | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 76                   | 6,284  |
| <b>FRE2113</b> | Cosmos, 48 x 101 ft | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 90                   | 7,345  |
| <b>FRE2115</b> | Cosmos, 52 x 107 ft | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 94                   | 7,697  |
| <b>FRE2116</b> | Cosmos, 61 x 120 ft | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 104                  | 8,515  |
| <b>FRE2210</b> | Multi Goal, 10 ft   | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 8.9                  | 983  |
| <b>FRE2211</b> | Multi Goal, 16 ft   | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 13                   | 1,286  |
| <b>FRE2212</b> | Multi Goal, 30 ft   | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 17                   | 1,585  |
| <b>FRE2213</b> | Multi Goal, 39 ft   | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'2"                  | - x -                                   | 21                   | 1,921  |



Goal  
FRE3050



Mini Goal  
FRE3051



Multi Net  
FRE3031



Basketball Goal, Nylon Net  
FRE3025



Surprise Basket  
FRE3024



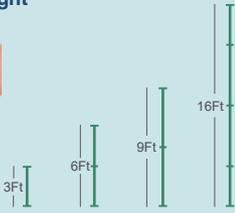
Sit & Stand  
FRE3054

## PRODUCT INFORMATION

| Product number | Product name               |  |  | Age / Key user group (years) | Capacity (users) | Fall height (ft & in) | Total height (ft & in) | Use zone dimensions (ft & in x ft & in) | Installation (hours) | Total CO <sub>2</sub> e (kg CO <sub>2</sub> e) |
|----------------|----------------------------|---|---|------------------------------|------------------|-----------------------|------------------------|---|----------------------|--|
| FRE3050        | Goal                       | ✓   | ✓   | 3+ / -                       | -                | -                     | 67"                    | - x -                                   | 1.3                  | 531  |
| FRE3051        | Mini Goal                  | ✓   | ✓   | 3+ / -                       | -                | -                     | 26"                    | - x -                                   | 1.6                  | 126  |
| FRE3031        | Multi Net                  | ✓   | ✓   | 3+ / -                       | -                | -                     | 87"                    | - x -                                   | 0.9                  | 149  |
| FRE3025        | Basketball Goal, Nylon Net | ✓   | ✓   | 3+ / -                       | -                | -                     | 12'1"                  | - x -                                   | 2.9                  | 274  |
| FRE3024        | Surprise Basket            | ✓   | ✓   | 3+ / -                       | -                | -                     | 100"                   | - x -                                   | 1                    | 130  |
| FRE3054        | Sit & Stand                | ✓   |   | 3+ / -                       | -                | -                     | 37"                    | - x -                                   | 0.8                  | 92   |

# CONFIGURE IN A FEW EASY STEPS

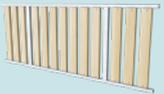
## 1. Choose size and height



## 2. Choose materials and colors



Panel colors



Wood-plastic composite (WPC)



Steel colors, all in fine-texture matte steel



Hot-dip galvanized steel frame



## 3. Choose play types



## 4. Choose entrance module

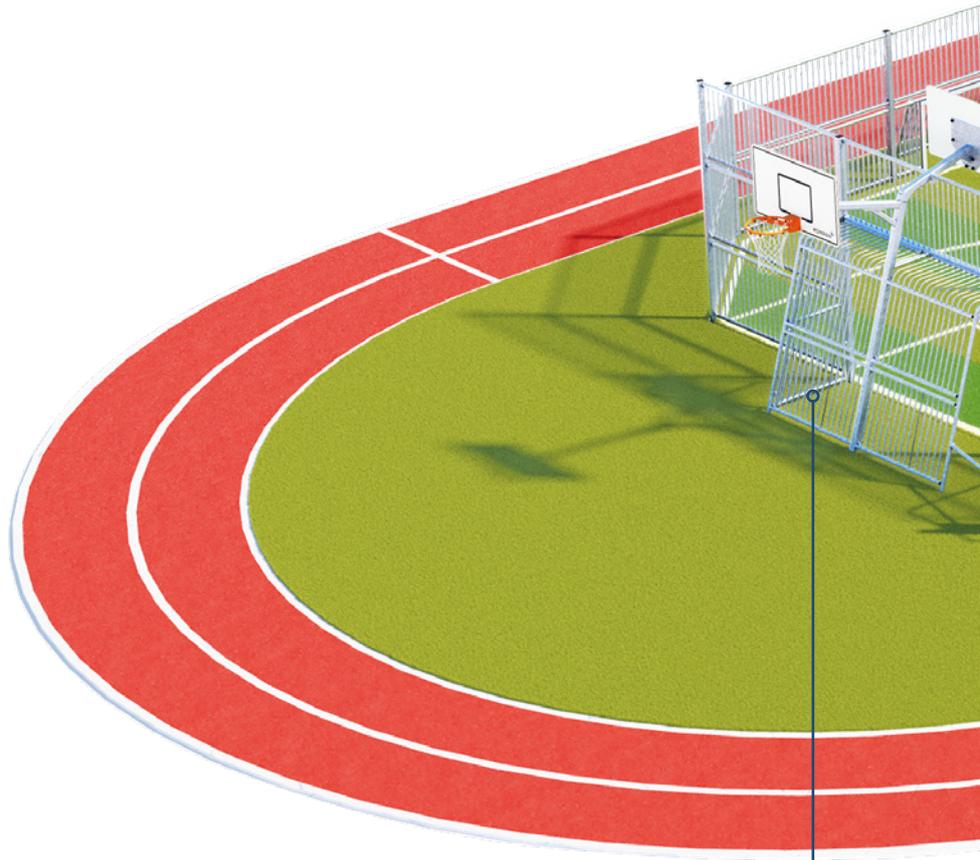


## 5. Choose accessibility



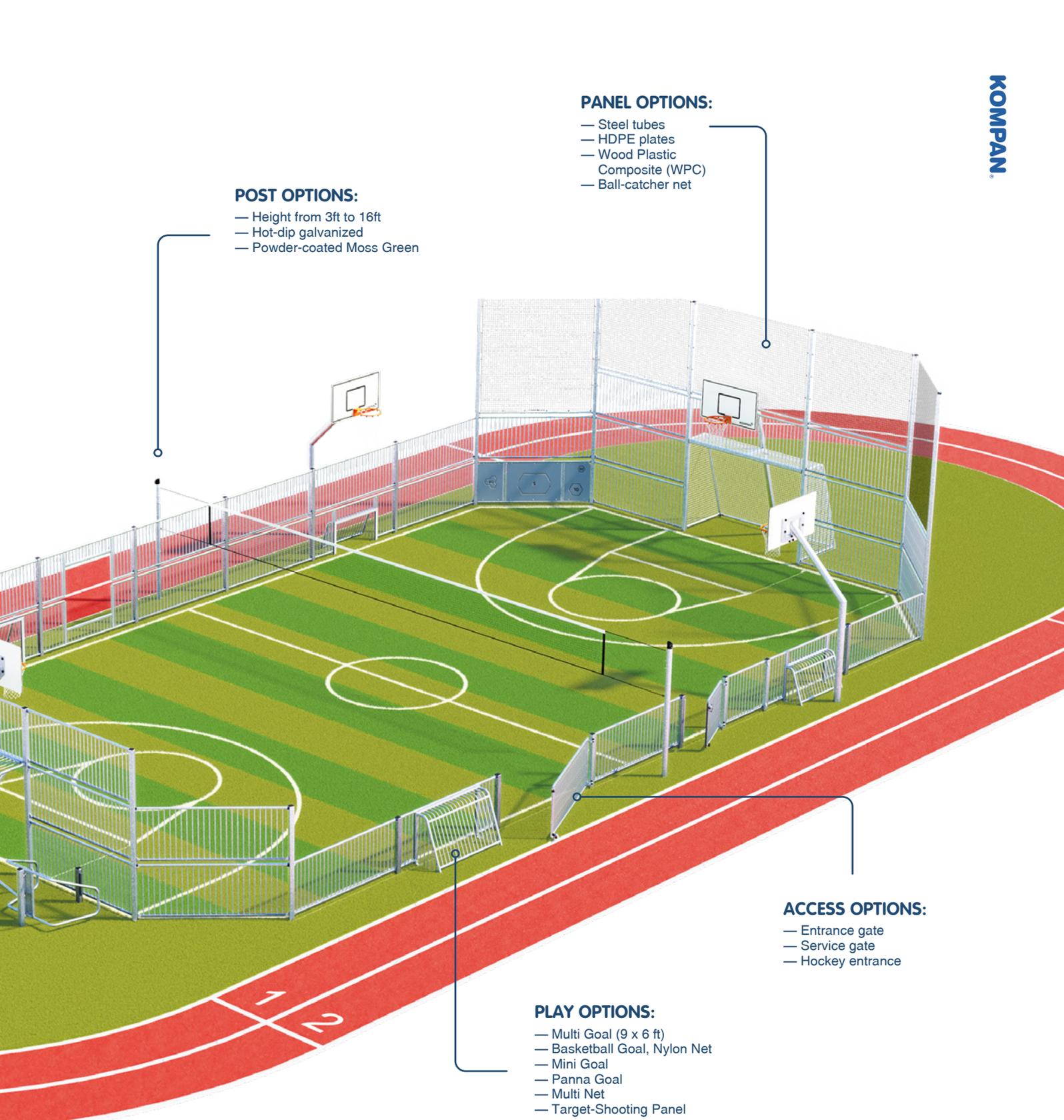
# FLEXIBLE CONFIGURATION

## For Multi-Use Sport Areas



### MAIN GOAL OPTIONS:

- Outside basket
- Fully enclosed steel
- Fully enclosed net
- Open goal sides for entrance
- Inclusive wheelchair entrance



**POST OPTIONS:**

- Height from 3ft to 16ft
- Hot-dip galvanized
- Powder-coated Moss Green

**PANEL OPTIONS:**

- Steel tubes
- HDPE plates
- Wood Plastic Composite (WPC)
- Ball-catcher net

**ACCESS OPTIONS:**

- Entrance gate
- Service gate
- Hockey entrance

**PLAY OPTIONS:**

- Multi Goal (9 x 6 ft)
- Basketball Goal, Nylon Net
- Mini Goal
- Panna Goal
- Multi Net
- Target-Shooting Panel

**FURTHER INFORMATION**

Contact us for more information on the range of options for configurable fitness and sports equipment. Please note that prices and delivery terms depend on specified configurations.



Product configurator available at [www.kompan.com](http://www.kompan.com).

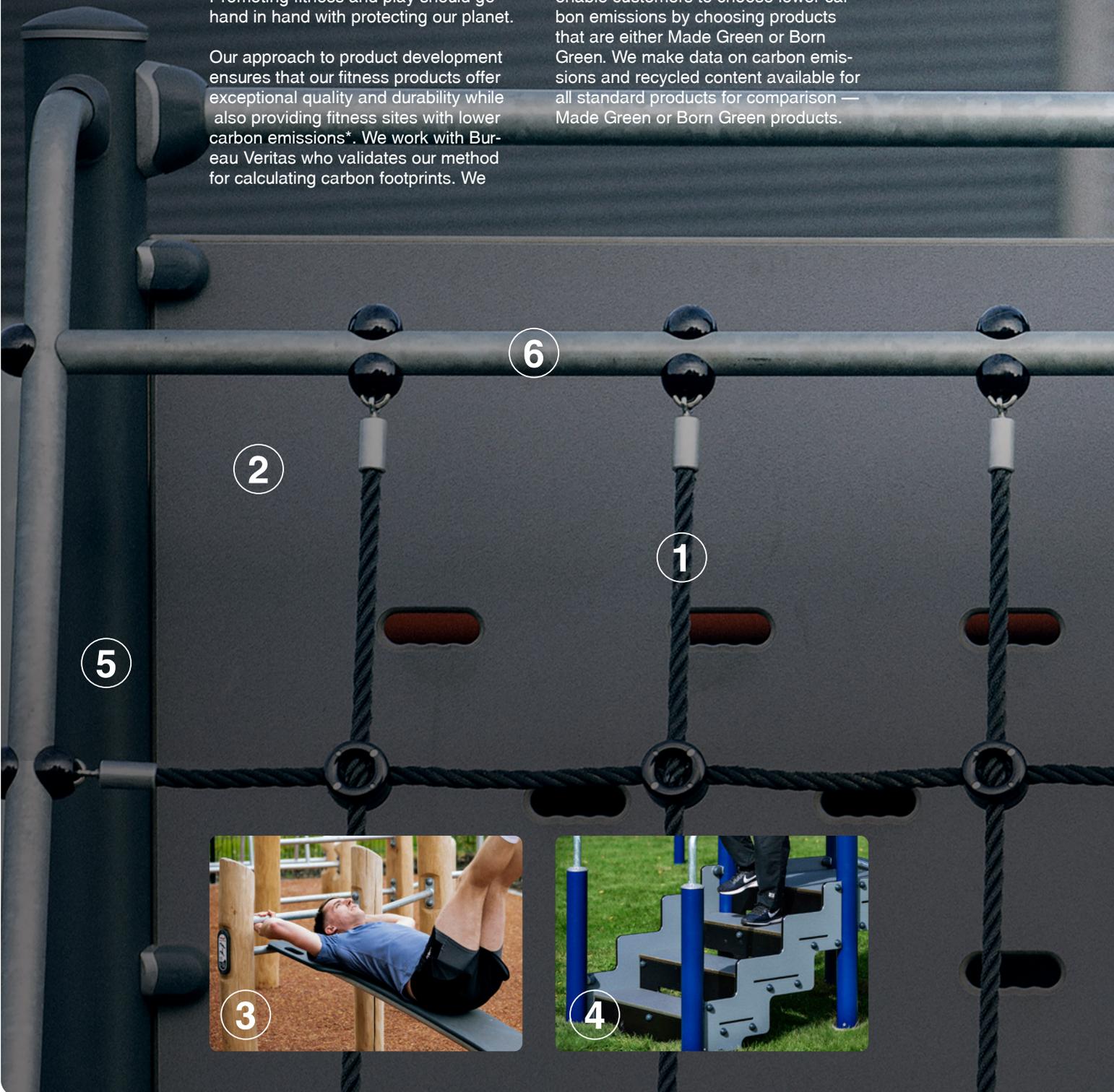
# OUR COMMITMENT TO GREENER SOLUTIONS

## Validated CO<sub>2</sub>e calculations

Promoting fitness and play should go hand in hand with protecting our planet.

Our approach to product development ensures that our fitness products offer exceptional quality and durability while also providing fitness sites with lower carbon emissions\*. We work with Bureau Veritas who validates our method for calculating carbon footprints. We

enable customers to choose lower carbon emissions by choosing products that are either Made Green or Born Green. We make data on carbon emissions and recycled content available for all standard products for comparison — Made Green or Born Green products.





**Made Green** means that products are made of post-consumer recycled materials such as ocean waste, used textiles, food packaging waste, used plastic bags, etc.



**Born Green** means that products are made of nature's building material: wood sourced from certified sustainable forestry methods, making them naturally low in carbon emissions.

**KOMPAN**

## QUALITY MATERIALS

### 1 COROCORD ROPES:

#### Strength and resistance combined

Our Corocord ropes are designed for optimal strength, abrasion resistance, and all-weather durability. These ropes are made to withstand vandalism, ensuring longevity and safety in various environments. The ropes are tightly wrapped with tempered PES EcoYarn™, which is melted onto each strand using over 95% post-consumer recycled material. This process enhances the rope's durability and significantly reduces waste. Corocord ropes are available in eight colors and six dimensions (7mm, 16mm, 19mm, 21mm, 22mm, and 23mm) and cater to different needs while maintaining their environmental benefits. Depending on the size, the ropes have either a steel or fiber core, ensuring optimal application performance — Made Green.

### 2 ECOCORE™ HDPE PANELS:

**Made from 75% post-consumer recycled waste — Made Green**  
EcoCore™ HDPE panels exemplify our commitment. These panels are manufactured from 95% post-consumer recycled waste, including the colored caplayer. Panels in the teal color are made from over 95% post-consumer ocean recycled waste. This waste is collected from the maritime industry and includes fishing nets, ropes, and trawl nets. By utilizing these materials, we help reduce ocean pollution and support marine conservation efforts — Made Green.

### 3 ROBINIA PRODUCTS

#### Natural durability and the option for FSC® certification

Our Robinia products are known for their high durability and do not require any chemical wood preservatives. This natural resilience makes robinia wood an excellent choice for outdoor fitness equipment. KOMPAN's Robinia products also come with FSC® certification (FSC®C004450), ensuring that the wood is sourced from responsibly managed forests — Born Green.

### 4 DECKS

All decks are supported by uniquely designed low-carbon aluminum profiles with multiple attachment options. The gray-colored molded decks are made of 75% post-consumer PP material with a non-skid pattern and textured surface.

### 5 POSTS

Main posts are available in four different materials.

1. Impregnated pine wood with in-ground steel footing.
2. Galvanized steel with powder-coated top finish.
3. Color-anodized lead-free aluminum made from low-carbon aluminum.
4. TexMade™ posts made from 95% post-consumer recycled textile and plastic waste.

### 6 GALVANIZED STEEL

Our steel surfaces and steel frames are hot-dip galvanized inside and outside with lead-free zinc. The galvanization has excellent corrosion resistance in outside environments and is maintenance free.

### COMPLETE TRANSPARENCY

Green data is available for all our products for comparison of carbon emissions.

Validation of  
CO<sub>2</sub> calculation

BUREAU VERITAS  
HSE Denmark A/S



# WARRANTY

We have industry-leading warranties



## LIFETIME\* warranty

- Hot-Dip galvanized parts
- Stainless steel parts
- EcoCore™ and other high-density polyethylene (HDPE) parts



## 15-year warranty

- High-pressure laminate (HPL) parts
- Aluminum parts



## 10-year warranty

- TexMade™ posts
- Pre-galvanized posts with painted top layer
- Painted surface on galvanized or aluminum metal parts
- Stainless Steel Slides
- Electrogalvanized metal parts
- Molded PP decks
- Solid plastic parts
- Hollow plastic parts
- Transparent Poly
- Carbonate (PC) parts
- Rope and net constructions
- Wood-plastic composite (WPC) parts
- Robinia, ash, pine, and other wood types



## 5-year warranty

- Resin coated plywood parts
- Springs and ball bearing assemblies
- Graphic print on transparent PC panels
- Concrete parts
- Galaxy Connection Balls



## 2-year warranty

- Moveable plastic and metal parts
- Rubber membranes
- Screens and electronic parts
- Sunshades & sail solutions
- Nylon nets
- Spare parts

## WARRANTY COVERAGE

This warranty applies to KOMPAN's products for the time periods described for each product type above and with the limitations described in this warranty. The warranty period applies from the date of purchase by the first customer. This warranty covers only defects in materials, production errors, and structural integrity failures caused by defects in design, materials, or manufacturing. KOMPAN's liability under this warranty is limited to repair or replacement of defective products, without charge, at KOMPAN's discretion.

## PROPER INSTALLATION AND MAINTENANCE

The warranty only applies if KOMPAN's products have been installed according to the instructions provided by KOMPAN and maintained correctly according to the KOMPAN Maintenance Manual. All warranty claims shall be accompanied by full documentation for proper installation and maintenance.

## WARRANTY EXCLUSIONS

This warranty does not cover any damage caused by accident, improper care, negligence, normal wear and tear, surface corrosion on metal parts, discolored surfaces, and other cosmetic issues or failures due to misuse or vandalism. Natural changes in wood over time are considered cosmetic issues and are not covered.

## NEAR WATER INSTALLATIONS

Products installed in direct contact with chlorinated water or saltwater (waterparks), or products installed within 650 feet from the shore are not covered by the KOMPAN warranty for any defects caused by corrosion. Specially designed products (handled via department for customized products), provided they have been upgraded to corrosion class C4 prior to delivery, installed within 650 feet from the shore (and not in direct contact with saltwater/spray of saltwater or chlorinated water(e.g. waterparks)) shall, subject to the applicable warranty period for each product type set out in the general warranty, be covered only against structural failure caused by corrosion (excluding moving parts) and under no circumstances for any period longer than 5 years.

\* KOMPAN's LIFETIME warranty is in effect for the lifetime of the product until the product is uninstalled and/or taken out of use. In addition, KOMPAN's general terms and delivery conditions apply and supplement this warranty.



SEE MORE

**THIRD-PARTY SUPPLIED PRODUCTS AND SERVICES**

KOMPAN provides non-KOMPAN branded products and installation services performed by certified third-party suppliers. This general KOMPAN warranty does not apply to such non-KOMPAN branded products and installation services, which may carry their own warranties. KOMPAN will pass on information on such warranties where possible.

**FREIGHT AND WAREHOUSING**

Global transport and logistics arranged by Kompan appointed forwarder. Products/items are not to be stored outside waiting for installation and must be kept dry at all times.

## INSPECTION PROGRAMME FOR DYNAMIC FITNESS EQUIPMENT

Even premium fitness equipment requires care to maintain its quality. Like cars, which need regular maintenance for optimal performance, our dynamic fitness equipment (cross trainers, arm bikes, city bikes and strength training equipment) also needs proper, regular care to remain in top condition. These products perform in all weather conditions and contain moving parts that benefit from consistent maintenance.

**What is an inspection programme?**

An inspection programme is an agreement with us to maintain your dynamic fitness equipment after installation. We conduct regular care inspections, carry out minor repairs and keep you informed about the condition of your equipment.

**Why invest in an inspection programme?**

Investing in an inspection programme ensures your dynamic fitness equipment lasts longer and functions

better. Regular inspections help address minor issues before they become costly problems, reducing worry, downtime and unexpected costs.

**What does an inspection contract cover?**

All KOMPAN's dynamic fitness equipment comes with a substantial two-year warranty. During the first two years, we cover costs on issues under our warranty conditions. However, the warranty does not cover defects caused by vandalism, improper care, negligence and normal wear and tear. Regular care should be an integral part of your initial investment in outdoor fitness equipment.



SEE MORE

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OMNIA®  
PARTNERS

GSA Contract Holder  
Contract # 47Q5MA20D08PD